



Lecture 4. Gradient Descent Method II

Advanced Optimization (Fall 2025)

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Outline

- GD for Smooth Optimization
 - Smooth and Convex Functions
 - Smooth and Strongly Convex Functions
- Momentum and Acceleration
 - Polyak's Momentum
 - Nesterov's Accelerated GD
- Extension to Composite Optimization
 - Proximal Gradient and Accelerated One

Part 1. GD for Smooth Optimization

- Smooth and Convex
- Smooth and Strongly Convex
- Extension to Constrained Case

Overview

Table 1: A summary of convergence rates of GD for different function families, where we use $\kappa \triangleq L/\sigma$ to denote the condition number.

Function Family		Step Size	Output Sequence	Convergence Rate	
G-Lipschitz	convex	$\eta = \frac{D}{G\sqrt{T}}$	$\bar{\mathbf{x}}_T = \frac{1}{T} \sum_{t=1}^T \mathbf{x}_t$	$\mathcal{O}(1/\sqrt{T})$	<i>last lecture</i>
	σ -strongly convex	$\eta_t = \frac{2}{\sigma(t+1)}$	$\bar{\mathbf{x}}_T = \sum_{t=1}^T \frac{2t}{T(T+1)} \mathbf{x}_t$	$\mathcal{O}(1/T)$	
L -smooth	convex	$\eta = \frac{1}{L}$	$\bar{\mathbf{x}}_T = \mathbf{x}_T$	$\mathcal{O}(1/T)$	<i>this lecture</i>
	σ -strongly convex	$\eta = \frac{2}{\sigma+L}$	$\bar{\mathbf{x}}_T = \mathbf{x}_T$	$\mathcal{O}\left(\exp\left(-\frac{T}{\kappa}\right)\right)$	

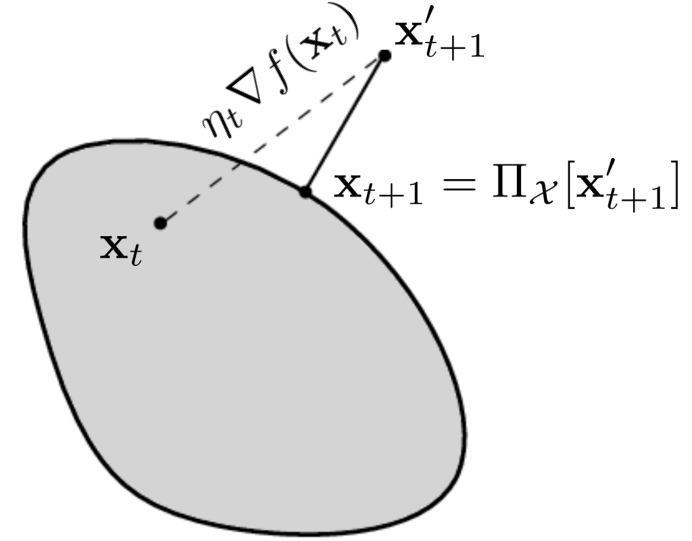
For simplicity, we mostly focus on *unconstrained* domain, i.e., $\mathcal{X} = \mathbb{R}^d$.

The smoothness is defined to be with respect to ℓ_2 -norm.

Gradient Descent

- GD Template:

$$\mathbf{x}_{t+1} = \Pi_{\mathcal{X}} [\mathbf{x}_t - \eta_t \nabla f(\mathbf{x}_t)]$$



- $\mathbf{x}_1$ can be an arbitrary point inside the domain.
- $\eta_t > 0$ is the potentially time-varying *step size* (or called *learning rate*).
- Projection $\Pi_{\mathcal{X}}[\mathbf{y}] = \arg \min_{\mathbf{x} \in \mathcal{X}} \|\mathbf{x} - \mathbf{y}\|$ ensures the feasibility.

Convex and Smooth

Theorem 1. Suppose the function $f : \mathbb{R}^d \mapsto \mathbb{R}$ is convex and differentiable, and also L -smooth. GD updates by $\mathbf{x}_{t+1} = \mathbf{x}_t - \eta_t \nabla f(\mathbf{x}_t)$ with step size $\eta_t = \frac{1}{L}$, and then GD enjoys the following convergence guarantee:

$$f(\mathbf{x}_T) - f(\mathbf{x}^*) \leq \frac{2L \|\mathbf{x}_1 - \mathbf{x}^*\|^2}{T - 1} = \mathcal{O}\left(\frac{1}{T}\right).$$

Note: we are working on *unconstrained* setting and using a *fixed* step size tuning.

The First Gradient Descent Lemma

Lemma 1. Suppose that f is proper, closed and convex; the feasible domain $\mathcal{X}$ is nonempty, closed and convex. Let $\{\mathbf{x}_t\}_{t=1}^T$ be the sequence generated by the gradient descent method, $\mathcal{X}^*$ be the optimal set of the optimization problem and f^* be the optimal value. Then for any $\mathbf{x}^* \in \mathcal{X}^*$ and $t \geq 0$,

$$\|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2 \leq \|\mathbf{x}_t - \mathbf{x}^*\|^2 - 2\eta_t(f(\mathbf{x}_t) - f^*) + \eta_t^2 \|\nabla f(\mathbf{x}_t)\|^2.$$

Proof:

$$\begin{aligned} \|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2 &= \|\Pi_{\mathcal{X}}[\mathbf{x}_t - \eta_t \nabla f(\mathbf{x}_t)] - \mathbf{x}^*\|^2 \quad (\text{GD}) \\ &\leq \|\mathbf{x}_t - \eta_t \nabla f(\mathbf{x}_t) - \mathbf{x}^*\|^2 \quad (\text{Pythagoras Theorem}) \\ &= \|\mathbf{x}_t - \mathbf{x}^*\|^2 - 2\eta_t \langle \nabla f(\mathbf{x}_t), \mathbf{x}_t - \mathbf{x}^* \rangle + \eta_t^2 \|\nabla f(\mathbf{x}_t)\|^2 \\ &\leq \|\mathbf{x}_t - \mathbf{x}^*\|^2 - 2\eta_t(f(\mathbf{x}_t) - f^*) + \eta_t^2 \|\nabla f(\mathbf{x}_t)\|^2 \\ &\quad (\text{convexity: } f(\mathbf{x}_t) - f^* = f(\mathbf{x}_t) - f(\mathbf{x}^*) \leq \langle \nabla f(\mathbf{x}_t), \mathbf{x}_t - \mathbf{x}^* \rangle) \quad \square \end{aligned}$$

Refined Result for Smooth Optimization

Proof: $\|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2 = \|\Pi_{\mathcal{X}}[\mathbf{x}_t - \eta_t \nabla f(\mathbf{x}_t)] - \mathbf{x}^*\|^2$ (GD)

$$\leq \|\mathbf{x}_t - \eta_t \nabla f(\mathbf{x}_t) - \mathbf{x}^*\|^2 \text{ (Pythagoras Theorem)}$$
$$= \|\mathbf{x}_t - \mathbf{x}^*\|^2 - 2\eta_t \langle \nabla f(\mathbf{x}_t), \mathbf{x}_t - \mathbf{x}^* \rangle + \eta_t^2 \|\nabla f(\mathbf{x}_t)\|^2$$
$$\leq \|\mathbf{x}_t - \mathbf{x}^*\|^2 - 2\eta_t (f(\mathbf{x}_t) - f^*) + \eta_t^2 \|\nabla f(\mathbf{x}_t)\|^2$$

(convexity: $f(\mathbf{x}_t) - f^* = f(\mathbf{x}_t) - f(\mathbf{x}^*) \leq \langle \nabla f(\mathbf{x}_t), \mathbf{x}_t - \mathbf{x}^* \rangle$)

only exploited convexity, but haven't used smoothness

Refined Result for Smooth Optimization

- Recall the first-order characterization of smooth functions

Smoothness

Theorem 9 (*First-order* Characterizations of L -smoothness). Let $f : \mathcal{X} \rightarrow \mathbb{R}$ be a convex function, differentiable over $\mathcal{X}$. Then the following claims are equivalent:

- (i) f is L -smooth.
- (ii) $f(\mathbf{y}) \leq f(\mathbf{x}) + \langle \nabla f(\mathbf{x}), \mathbf{y} - \mathbf{x} \rangle + \frac{L}{2} \|\mathbf{x} - \mathbf{y}\|^2$ for all $\mathbf{x}, \mathbf{y} \in \mathcal{X}$.
- (iii) $f(\mathbf{y}) \geq f(\mathbf{x}) + \langle \nabla f(\mathbf{x}), \mathbf{y} - \mathbf{x} \rangle + \frac{1}{2L} \|\nabla f(\mathbf{x}) - \nabla f(\mathbf{y})\|_*^2$ for all $\mathbf{x}, \mathbf{y} \in \mathcal{X}$.
- (iv) $\langle \nabla f(\mathbf{x}) - \nabla f(\mathbf{y}), \mathbf{x} - \mathbf{y} \rangle \geq \frac{1}{L} \|\nabla f(\mathbf{x}) - \nabla f(\mathbf{y})\|_*^2$ for all $\mathbf{x}, \mathbf{y} \in \mathcal{X}$.
- (v) $f(\lambda \mathbf{x} + (1 - \lambda)\mathbf{y}) \geq \lambda f(\mathbf{x}) + (1 - \lambda)f(\mathbf{y}) - \frac{L}{2} \lambda(1 - \lambda) \|\mathbf{x} - \mathbf{y}\|^2$ for any $\mathbf{x}, \mathbf{y} \in \mathcal{X}$ and $\lambda \in [0, 1]$. (essentially zero-th order characterization)

co-coercivity

Proofs can be found below Theorem 5.8 of Amir Beck's book.

Co-coercive Operator

Lemma 2 (co-coercivity). Let f be convex and *L -smooth* over $\mathbb{R}^d$. Then for all $\mathbf{x}, \mathbf{y} \in \mathbb{R}^d$, one has

$$\langle \nabla f(\mathbf{x}) - \nabla f(\mathbf{y}), \mathbf{x} - \mathbf{y} \rangle \geq \frac{1}{L} \|\nabla f(\mathbf{x}) - \nabla f(\mathbf{y})\|^2$$

Definition 1 (co-coercive operator). An operator C is called β -co-coercive (or β -inverse-strongly monotone, for $\beta > 0$, if for any $x, y \in \mathcal{H}$,

$$\langle Cx - Cy, x - y \rangle \geq \beta \|Cx - Cy\|^2.$$

The co-coercive condition is relatively standard in *operator splitting* literature and *variational inequalities*.

Refined Result for Smooth Optimization

Proof: $\|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2 = \|\Pi_{\mathcal{X}}[\mathbf{x}_t - \eta_t \nabla f(\mathbf{x}_t)] - \mathbf{x}^*\|^2$ (GD)

$$\leq \|\mathbf{x}_t - \eta_t \nabla f(\mathbf{x}_t) - \mathbf{x}^*\|^2 \text{ (Pythagoras Theorem)}$$
$$= \|\mathbf{x}_t - \mathbf{x}^*\|^2 - 2\eta_t \langle \nabla f(\mathbf{x}_t), \mathbf{x}_t - \mathbf{x}^* \rangle + \eta_t^2 \|\nabla f(\mathbf{x}_t)\|^2$$
$$\leq \|\mathbf{x}_t - \mathbf{x}^*\|^2 - 2\eta_t (f(\mathbf{x}_t) - f^*) + \eta_t^2 \|\nabla f(\mathbf{x}_t)\|^2$$

(convexity: $f(\mathbf{x}_t) - f^* = f(\mathbf{x}_t) - f(\mathbf{x}^*) \leq \langle \nabla f(\mathbf{x}_t), \mathbf{x}_t - \mathbf{x}^* \rangle$)

only exploited convexity, but haven't used smoothness

Refined Result for Smooth Optimization

Proof: $\|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2 = \|\Pi_{\mathcal{X}}[\mathbf{x}_t - \eta_t \nabla f(\mathbf{x}_t)] - \mathbf{x}^*\|^2$ (GD)

$$\leq \|\mathbf{x}_t - \eta_t \nabla f(\mathbf{x}_t) - \mathbf{x}^*\|^2 \text{ (Pythagoras Theorem)}$$
$$= \|\mathbf{x}_t - \mathbf{x}^*\|^2 - 2\eta_t \langle \nabla f(\mathbf{x}_t), \mathbf{x}_t - \mathbf{x}^* \rangle + \eta_t^2 \|\nabla f(\mathbf{x}_t)\|^2$$
$$\leq \|\mathbf{x}_t - \mathbf{x}^*\|^2 + \left(\eta_t^2 - \frac{2\eta_t}{L} \right) \|\nabla f(\mathbf{x}_t)\|^2$$

exploiting coercivity of smoothness and unconstrained first-order optimality

$$\langle \nabla f(\mathbf{x}_t), \mathbf{x}_t - \mathbf{x}^* \rangle \leq \langle \nabla f(\mathbf{x}_t) - \nabla f(\mathbf{x}^*), \mathbf{x}_t - \mathbf{x}^* \rangle \geq \frac{1}{L} \|\nabla f(\mathbf{x}_t) - \nabla f(\mathbf{x}^*)\|^2 = \frac{1}{L} \|\nabla f(\mathbf{x}_t)\|^2$$

$$\begin{aligned} \Rightarrow \|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2 &\leq \|\mathbf{x}_t - \mathbf{x}^*\|^2 + \left(\eta_t^2 - \frac{2\eta_t}{L} \right) \|\nabla f(\mathbf{x}_t)\|^2 \\ &\leq \|\mathbf{x}_t - \mathbf{x}^*\|^2 - \frac{1}{L^2} \|\nabla f(\mathbf{x}_t)\|^2 \quad (\text{by picking } \eta_t = \eta = \frac{1}{L} \text{ to minimize the r.h.s}) \\ &\leq \|\mathbf{x}_t - \mathbf{x}^*\|^2 \leq \dots \leq \|\mathbf{x}_1 - \mathbf{x}^*\|^2 \end{aligned}$$

Smooth and Convex

Proof: Now, we consider the function-value level,

$$f(\mathbf{x}_{t+1}) - f(\mathbf{x}^*) = f(\mathbf{x}_{t+1}) - f(\mathbf{x}_t) + f(\mathbf{x}_t) - f(\mathbf{x}^*)$$

$$\begin{aligned} & f(\mathbf{x}_{t+1}) - f(\mathbf{x}_t) && \text{one-step improvement} \\ = & f(\mathbf{x}_t - \eta_t \nabla f(\mathbf{x}_t)) - f(\mathbf{x}_t) && \text{(utilize unconstrained update)} \\ \leq & \langle \nabla f(\mathbf{x}_t), -\eta_t \nabla f(\mathbf{x}_t) \rangle + \frac{L}{2} \eta_t^2 \|\nabla f(\mathbf{x}_t)\|^2 && \text{(smoothness)} \\ = & \left(-\eta_t + \frac{L}{2} \eta_t^2 \right) \|\nabla f(\mathbf{x}_t)\|^2 \\ = & -\frac{1}{2L} \|\nabla f(\mathbf{x}_t)\|^2 && \text{(recall that we have picked } \eta_t = \eta = \frac{1}{L} \text{)} \end{aligned}$$

Cautious: This derivation even doesn't require convexity!!

$$\Rightarrow f(\mathbf{x}_{t+1}) - f(\mathbf{x}^*) \leq -\frac{1}{2L} \|\nabla f(\mathbf{x}_t)\|^2 + f(\mathbf{x}_t) - f(\mathbf{x}^*)$$

Smooth and Convex

Proof:

$$\Rightarrow f(\mathbf{x}_{t+1}) - f(\mathbf{x}^*) \leq -\frac{1}{2L} \|\nabla f(\mathbf{x}_t)\|^2 + f(\mathbf{x}_t) - f(\mathbf{x}^*)$$

Next step: relating $\|\nabla f(\mathbf{x}_t)\|$ to function-value gap to form a telescoping structure.

$$f(\mathbf{x}_t) - f(\mathbf{x}^*) \leq \langle \nabla f(\mathbf{x}_t), \mathbf{x}_t - \mathbf{x}^* \rangle \leq \|\nabla f(\mathbf{x}_t)\| \|\mathbf{x}_t - \mathbf{x}^*\| \Rightarrow \|\nabla f(\mathbf{x}_t)\|^2 \geq \frac{(f(\mathbf{x}_t) - f(\mathbf{x}^*))^2}{\|\mathbf{x}_t - \mathbf{x}^*\|^2}$$

$$\begin{aligned} \Rightarrow f(\mathbf{x}_{t+1}) - f(\mathbf{x}^*) &\leq -\frac{(f(\mathbf{x}_t) - f(\mathbf{x}^*))^2}{2L \|\mathbf{x}_t - \mathbf{x}^*\|^2} + f(\mathbf{x}_t) - f(\mathbf{x}^*) \\ &\leq -\frac{(f(\mathbf{x}_t) - f(\mathbf{x}^*))^2}{2L \|\mathbf{x}_1 - \mathbf{x}^*\|^2} + f(\mathbf{x}_t) - f(\mathbf{x}^*) \end{aligned}$$

(by optimizer's decreasing property, i.e., $\|\mathbf{x}_t - \mathbf{x}^*\| \leq \|\mathbf{x}_1 - \mathbf{x}^*\|$)

Smooth and Convex

Proof: $f(\mathbf{x}_{t+1}) - f(\mathbf{x}^*) \leq -\frac{1}{2L\|\mathbf{x}_1 - \mathbf{x}^*\|^2} (f(\mathbf{x}_t) - f(\mathbf{x}^*))^2 + f(\mathbf{x}_t) - f(\mathbf{x}^*)$

Define $\delta_t \triangleq f(\mathbf{x}_t) - f(\mathbf{x}^*)$ and $\beta \triangleq \frac{1}{2L\|\mathbf{x}_1 - \mathbf{x}^*\|^2}$.

$$\Rightarrow \delta_{t+1} \leq \delta_t - \beta\delta_t^2$$

$$\Rightarrow \frac{1}{\delta_t} \leq \frac{1}{\delta_{t+1}} - \beta \quad (\text{noting that } \delta_t^2 \geq \delta_t \cdot \delta_{t+1} \text{ and then dividing } \delta_t\delta_{t+1} \text{ from both sides})$$

$$\Rightarrow \sum_{t=1}^{T-1} \beta \leq \frac{1}{\delta_T} - \frac{1}{\delta_1} \leq \frac{1}{\delta_T}$$

$$\Rightarrow \delta_T \triangleq f(\mathbf{x}_T) - f(\mathbf{x}^*) \leq \frac{1}{\beta(T-1)} = \frac{2L\|\mathbf{x}_1 - \mathbf{x}^*\|^2}{T-1}.$$

□

Key Lemma for Smooth GD

- During the proof, we have obtained an important lemma for *smooth* optimization, that is, *one-step improvement*

$$f(\mathbf{x}_{t+1}) - f(\mathbf{x}_t) \leq \left(-\eta_t + \frac{L}{2}\eta_t^2\right) \|\nabla f(\mathbf{x}_t)\|^2 \quad \Rightarrow \quad f(\mathbf{x}_T) - f(\mathbf{x}^*) \leq \mathcal{O}\left(\frac{1}{T}\right).$$

last-iterated convergence

- Compare a similar result that holds for convex and *Lipschitz* functions.

Lemma 2. Under the same assumptions as Theorem 1. Let $\{\mathbf{x}_t\}_{t=1}^T$ be the sequence generated by GD. Then we have

$$\sum_{t=1}^T \eta_t (f(\mathbf{x}_t) - f^*) \leq \frac{1}{2} \|\mathbf{x}_1 - \mathbf{x}^*\|^2 + \frac{1}{2} \sum_{t=1}^T \eta_t^2 \|\nabla f(\mathbf{x}_t)\|^2.$$

This lemma usually implies convergence like $f(\bar{\mathbf{x}}_T) - f^* \leq \dots$ with $\bar{\mathbf{x}}_T \triangleq \sum_{t=1}^T \frac{\eta_t \mathbf{x}_t}{\sum_{t=1}^T \eta_t}$ (or other average).

average-iterated convergence

One-Step Improvement for Smooth GD

Lemma 3 (one-step improvement). *Suppose the function $f : \mathbb{R}^d \mapsto \mathbb{R}$ is convex and differentiable, and also L -smooth. Consider the following unconstrained GD update: $\mathbf{x}' = \mathbf{x} - \eta \nabla f(\mathbf{x})$. Then,*

$$f(\mathbf{x}') - f(\mathbf{x}) \leq \left(-\eta + \frac{L}{2} \eta^2 \right) \|\nabla f(\mathbf{x})\|^2.$$

In particular, when choosing $\eta = \frac{1}{L}$, we have

$$f\left(\mathbf{x} - \frac{1}{L} \nabla f(\mathbf{x})\right) - f(\mathbf{x}) \leq -\frac{1}{2L} \|\nabla f(\mathbf{x})\|^2.$$

Function progress is proportional to the square of gradient magnitude (*consider due reasons*).

Smooth and Strongly Convex

- Recall the definition of strongly convex functions (*first-order* version).

Definition 5 (Strong Convexity). A function f is σ -strongly convex if, for any $\mathbf{x} \in \text{dom}(\partial f)$, $\mathbf{y} \in \text{dom}(f)$ and $\mathbf{g} \in \partial f(\mathbf{x})$,

$$f(\mathbf{y}) \geq f(\mathbf{x}) + \langle \mathbf{g}, \mathbf{y} - \mathbf{x} \rangle + \frac{\sigma}{2} \|\mathbf{y} - \mathbf{x}\|^2.$$

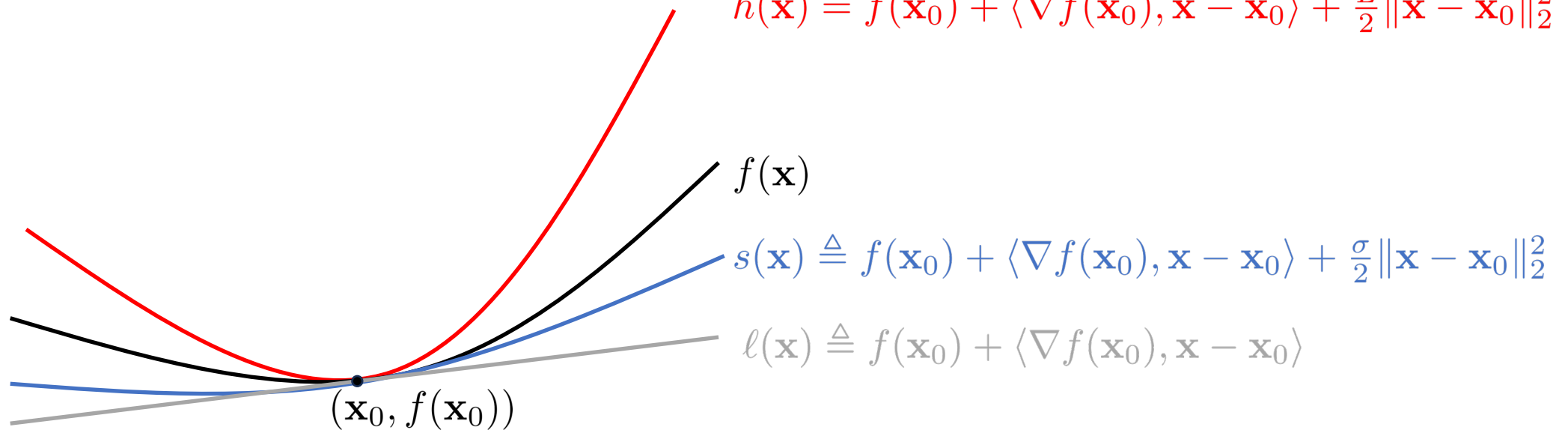
Smooth and Strongly Convex

f is σ -strongly convex

f is L -smooth

$$f(\mathbf{x}) + \langle \nabla f(\mathbf{x}), \mathbf{y} - \mathbf{x} \rangle + \frac{\sigma}{2} \|\mathbf{x} - \mathbf{y}\|_2^2 \leq f(\mathbf{y}) \leq f(\mathbf{x}) + \langle \nabla f(\mathbf{x}), \mathbf{y} - \mathbf{x} \rangle + \frac{L}{2} \|\mathbf{x} - \mathbf{y}\|_2^2$$

$$h(\mathbf{x}) \triangleq f(\mathbf{x}_0) + \langle \nabla f(\mathbf{x}_0), \mathbf{x} - \mathbf{x}_0 \rangle + \frac{L}{2} \|\mathbf{x} - \mathbf{x}_0\|_2^2$$



Smooth and Strongly Convex

Theorem 2. Suppose the function $f : \mathbb{R}^d \mapsto \mathbb{R}$ is σ -strongly-convex and differentiable, and also L -smooth. Then, setting $\eta_t = \frac{2}{\sigma+L}$, GD satisfies

$$f(\mathbf{x}_T) - f(\mathbf{x}^*) \leq \frac{L}{2} \exp\left(-\frac{4(T-1)}{\kappa+1}\right) \|\mathbf{x}_1 - \mathbf{x}^*\|^2 = \mathcal{O}\left(\exp\left(-\frac{T}{\kappa}\right)\right),$$

where $\kappa \triangleq L/\sigma$ denotes the condition number of f .

Note: we are working on *unconstrained* setting and using a *fixed* step size tuning.

Smooth and Strongly Convex

Proof: $\|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2 = \|\Pi_{\mathcal{X}}[\mathbf{x}_t - \eta_t \nabla f(\mathbf{x}_t)] - \mathbf{x}^*\|^2$ (GD)

$$\leq \|\mathbf{x}_t - \eta_t \nabla f(\mathbf{x}_t) - \mathbf{x}^*\|^2 \text{ (Pythagoras Theorem)}$$
$$= \|\mathbf{x}_t - \mathbf{x}^*\|^2 - 2\eta_t \langle \nabla f(\mathbf{x}_t), \mathbf{x}_t - \mathbf{x}^* \rangle + \eta_t^2 \|\nabla f(\mathbf{x}_t)\|^2$$

*how to exploit the **strong convexity** and **smoothness** simultaneously*

Lemma 4 (co-coercivity of smooth and strongly convex function). *Let f be L -smooth and σ -strongly convex on $\mathbb{R}^d$. Then for all $\mathbf{x}, \mathbf{y} \in \mathbb{R}^d$, one has*

$$\langle \nabla f(\mathbf{x}) - \nabla f(\mathbf{y}), \mathbf{x} - \mathbf{y} \rangle \geq \frac{\sigma L}{\sigma + L} \|\mathbf{x} - \mathbf{y}\|^2 + \frac{1}{\sigma + L} \|\nabla f(\mathbf{x}) - \nabla f(\mathbf{y})\|^2.$$

Coercivity of Smooth and Strongly Convex Function

Lemma 4 (co-coercivity of smooth and strongly convex function). *Let f be L -smooth and σ -strongly convex on $\mathbb{R}^d$. Then for all $\mathbf{x}, \mathbf{y} \in \mathbb{R}^d$, one has*

$$\langle \nabla f(\mathbf{x}) - \nabla f(\mathbf{y}), \mathbf{x} - \mathbf{y} \rangle \geq \frac{\sigma L}{\sigma + L} \|\mathbf{x} - \mathbf{y}\|^2 + \frac{1}{\sigma + L} \|\nabla f(\mathbf{x}) - \nabla f(\mathbf{y})\|^2.$$

Proof: Define $h(\mathbf{x}) \triangleq f(\mathbf{x}) - \frac{\sigma}{2} \|\mathbf{x}\|^2$. Then, h enjoys the following properties:

- h is convex: by σ -strong convexity (see previous lecture).
- h is $(L - \sigma)$ -smooth. $\nabla^2 h(\mathbf{x}) = \nabla^2 f(\mathbf{x}) - \sigma I \preceq (L - \sigma)I$.

$$\implies \langle \nabla h(\mathbf{x}) - \nabla h(\mathbf{y}), \mathbf{x} - \mathbf{y} \rangle \geq \frac{1}{L - \sigma} \|\nabla h(\mathbf{x}) - \nabla h(\mathbf{y})\|^2 \quad \text{by co-coercivity of smooth and convex functions}$$

Then, rearranging the terms finishes the proof. □

Smooth and Strongly Convex

Proof: $\|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2 = \|\Pi_{\mathcal{X}}[\mathbf{x}_t - \eta_t \nabla f(\mathbf{x}_t)] - \mathbf{x}^*\|^2$ (GD)

$$\leq \|\mathbf{x}_t - \eta_t \nabla f(\mathbf{x}_t) - \mathbf{x}^*\|^2 \text{ (Pythagoras Theorem)}$$
$$= \|\mathbf{x}_t - \mathbf{x}^*\|^2 - 2\eta_t \langle \nabla f(\mathbf{x}_t), \mathbf{x}_t - \mathbf{x}^* \rangle + \eta_t^2 \|\nabla f(\mathbf{x}_t)\|^2$$
$$\leq \left(1 - \frac{2\eta_t \sigma L}{L + \sigma}\right) \|\mathbf{x}_t - \mathbf{x}^*\|^2 + \left(\eta_t^2 - \frac{2\eta_t}{L + \sigma}\right) \|\nabla f(\mathbf{x}_t)\|^2$$

exploiting co-coercivity of smooth and strongly convex function

$$\langle \nabla f(\mathbf{x}_t), \mathbf{x}_t - \mathbf{x}^* \rangle = \langle \nabla f(\mathbf{x}_t) - \nabla f(\mathbf{x}^*), \mathbf{x}_t - \mathbf{x}^* \rangle \geq \frac{1}{L + \sigma} \|\nabla f(\mathbf{x}_t)\|^2 + \frac{L\sigma}{L + \sigma} \|\mathbf{x}_t - \mathbf{x}^*\|^2$$

$$\Rightarrow \|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2 \leq \left(1 - \frac{2\eta_t \sigma L}{L + \sigma}\right) \|\mathbf{x}_t - \mathbf{x}^*\|^2 + \left(\eta_t^2 - \frac{2\eta_t}{L + \sigma}\right) \|\nabla f(\mathbf{x}_t)\|^2$$

serving as the “one-step improvement” in the analysis

Smooth and Strongly Convex

Proof: $\|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2 \leq \left(1 - \frac{2\eta_t \sigma L}{L + \sigma}\right) \|\mathbf{x}_t - \mathbf{x}^*\|^2 + \left(\eta_t^2 - \frac{2\eta_t}{L + \sigma}\right) \|\nabla f(\mathbf{x}_t)\|^2$

The step size configuration:

(i) first, we need $1 - \frac{2\eta_t \sigma L}{L + \sigma} < 1$ to ensure the contraction property;

(ii) second, we hope $(\eta_t^2 - \frac{2\eta_t}{L + \sigma}) \leq 0$, or it becomes 0 is enough.

$$\Rightarrow \text{a feasible (and simple) setting: } \eta_t = \eta = \frac{2}{L + \sigma}$$

$$\Rightarrow \|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2 \leq \left(1 - \frac{4\sigma L}{(L + \sigma)^2}\right) \|\mathbf{x}_t - \mathbf{x}^*\|^2 = \left(\frac{L - \sigma}{L + \sigma}\right)^2 \|\mathbf{x}_t - \mathbf{x}^*\|^2 = \left(\frac{\kappa - 1}{\kappa + 1}\right)^2 \|\mathbf{x}_t - \mathbf{x}^*\|^2$$

$$\Rightarrow \|\mathbf{x}_T - \mathbf{x}^*\|^2 \leq \left(\frac{\kappa - 1}{\kappa + 1}\right)^{2(T-1)} \|\mathbf{x}_1 - \mathbf{x}^*\|^2 \leq \exp\left(-\frac{4(T-1)}{\kappa + 1}\right) \|\mathbf{x}_1 - \mathbf{x}^*\|^2$$

Smooth and Strongly Convex

Proof: $\|\mathbf{x}_T - \mathbf{x}^*\|^2 \leq \left(\frac{\kappa-1}{\kappa+1}\right)^{2(T-1)} \|\mathbf{x}_1 - \mathbf{x}^*\|^2 \leq \exp\left(-\frac{4(T-1)}{\kappa+1}\right) \|\mathbf{x}_1 - \mathbf{x}^*\|^2$

Next step: relating $\|\mathbf{x}_T - \mathbf{x}^*\|^2$ to $f(\mathbf{x}_T) - f(\mathbf{x}^*)$.

$$f(\mathbf{x}_t) \leq f(\mathbf{x}^*) + \langle \nabla f(\mathbf{x}^*), \mathbf{x}_t - \mathbf{x}^* \rangle + \frac{L}{2} \|\mathbf{x}_t - \mathbf{x}^*\|^2 = f(\mathbf{x}^*) + \frac{L}{2} \|\mathbf{x}_t - \mathbf{x}^*\|^2$$

(in unconstrained case, $\nabla f(\mathbf{x}^*) = \mathbf{0}$)

$$\Rightarrow f(\mathbf{x}_T) - f(\mathbf{x}^*) \leq \frac{L}{2} \exp\left(-\frac{4(T-1)}{\kappa+1}\right) \|\mathbf{x}_1 - \mathbf{x}^*\|^2 = \mathcal{O}\left(\exp\left(-\frac{T}{\kappa}\right)\right).$$

□

Constrained Optimization

- For unconstrained optimization, the key technical lemma is

$$f\left(\mathbf{x} - \frac{1}{L}\nabla f(\mathbf{x})\right) - f(\mathbf{x}) \leq -\frac{1}{2L}\|\nabla f(\mathbf{x})\|^2,$$

where $\nabla f(\mathbf{x})$ is used to measure the function progress.

- For constrained optimization, a *generalized* one-step improvement:

Lemma 5. Suppose f is L -smooth. Let $\mathbf{x}_{t+1} = \Pi_{\mathcal{X}}[\mathbf{x}_t - \frac{1}{L}\nabla f(\mathbf{x}_t)]$, and define $g(\mathbf{x}) = L(\mathbf{x} - \mathbf{x}_{t+1})$ for any $\mathbf{x} \in \mathcal{X}$. Then the following holds true for any $\mathbf{u} \in \mathcal{X}$:

$$f(\mathbf{x}_{t+1}) - f(\mathbf{u}) \leq \langle g(\mathbf{x}_t), \mathbf{x}_t - \mathbf{u} \rangle - \frac{1}{2L}\|g(\mathbf{x}_t)\|^2.$$

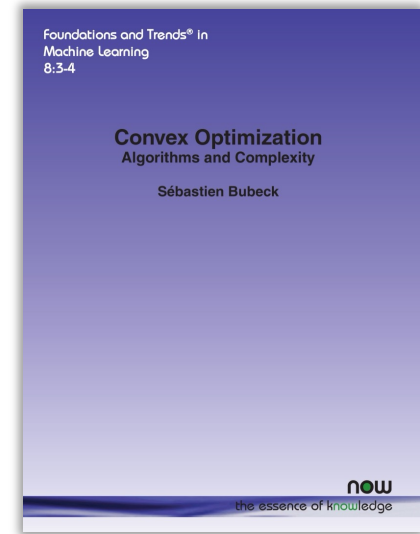
- $g(\mathbf{x}_t)$ is used to qualify the progress; and in the unconstrained case, $g(\mathbf{x}_t) = \nabla f(\mathbf{x}_t)$.
- comparator $\mathbf{u}$ is introduced because (projected) GD is not necessary “descent”.

Constrained Optimization

Same convergence rates as unconstrained case can be obtained in the *constrained* setting for smooth convex optimization.

Detailed proofs for the constrained optimization will not be presented. The proof follows the same vein yet requires some additional twists, we refer anyone interested to the following parts in **Bubeck's book**:

- *Constrained* + smooth + convex: **Section 3.2**
- *Constrained* + smooth + strongly convex: **Section 3.4.2**



**Convex Optimization:
Algorithms and Complexity**
Sebastien Bubeck

Foundations and Trends in ML, 2015

Lower Bound

Lower bounds reflect the **difficulty** of the problem, regardless of algorithms.

notice: this lower bound only holds for first-order methods

Table 1: A summary of convergence rates of GD for different function families.

Function Family		Convergence Rate	<i>Lower Bound</i>	<i>Optimal?</i>
G -Lipschitz	convex	$\mathcal{O}(1/\sqrt{T})$	$\Omega(1/\sqrt{T})$	✓
	σ -strongly convex	$\mathcal{O}(1/T)$	$\Omega(1/T)$	✓
L -smooth	convex	$\mathcal{O}(1/T)$	$\Omega(1/T^2)$	✗
	σ -strongly convex	$\mathcal{O}\left(\exp\left(-\frac{T}{\kappa}\right)\right)$	$\Omega\left(\exp\left(-\frac{T}{\sqrt{\kappa}}\right)\right)$	✗

⇒ GD is **suboptimal** in *smooth* convex optimization!

Lower Bound

First-order Opt oracle. We consider the class of first-order (black-box) procedures satisfying $\mathbf{x}_1 = \mathbf{0}$, and for any $t \geq 1$, $\mathbf{x}_{t+1} \in \text{Span}(\mathbf{g}_1, \dots, \mathbf{g}_t)$, where $\mathbf{g}_s = \nabla f(\mathbf{x}_s)$ is the gradient (or subgradient) queried from the oracle at $\mathbf{x}_s$.

Theorem 3.13. Let $t \leq n$, $L, R > 0$. There exists a convex and L -Lipschitz function f such that for any black-box procedure satisfying (3.15),

$$\min_{1 \leq s \leq t} f(x_s) - \min_{x \in B_2(R)} f(x) \geq \frac{RL}{2(1 + \sqrt{t})}.$$

There also exists an α -strongly convex and L -lipschitz function f such that for any black-box procedure satisfying (3.15),

$$\min_{1 \leq s \leq t} f(x_s) - \min_{x \in B_2(\frac{L}{2\alpha})} f(x) \geq \frac{L^2}{8\alpha t}.$$

**convex/strongly convex
& Lipschitz functions**

Bubeck's book, Sec 3.5

Theorem 3.14. Let $t \leq (n - 1)/2$, $\beta > 0$. There exists a β -smooth convex function f such that for any black-box procedure satisfying (3.15),

$$\min_{1 \leq s \leq t} f(x_s) - f(x^*) \geq \frac{3\beta}{32} \frac{\|x_1 - x^*\|^2}{(t + 1)^2}.$$

convex & smooth

Bubeck's book, Sec 3.5

Theorem 3.15. Let $\kappa > 1$. There exists a β -smooth and α -strongly convex function $f : \ell_2 \rightarrow \mathbb{R}$ with $\kappa = \beta/\alpha$ such that for any $t \geq 1$ and any black-box procedure satisfying (3.15) one has

$$f(x_t) - f(x^*) \geq \frac{\alpha}{2} \left(\frac{\sqrt{\kappa} - 1}{\sqrt{\kappa} + 1} \right)^{2(t-1)} \|x_1 - x^*\|^2.$$

Note that for large values of the condition number κ one has

$$\left(\frac{\sqrt{\kappa} - 1}{\sqrt{\kappa} + 1} \right)^{2(t-1)} \approx \exp \left(-\frac{4(t-1)}{\sqrt{\kappa}} \right).$$

strongly convex & smooth

Bubeck's book, Sec 3.5

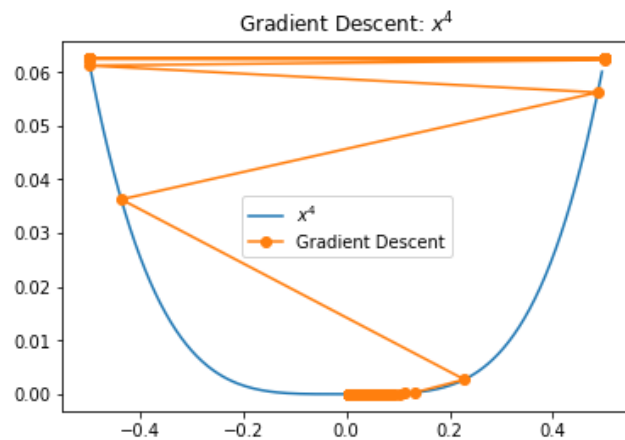
Part 2. Momentum and Acceleration

- Polyak's Momentum
- Nesterov's Accelerated GD
- Smooth and Convex
- Smooth and Strongly Convex

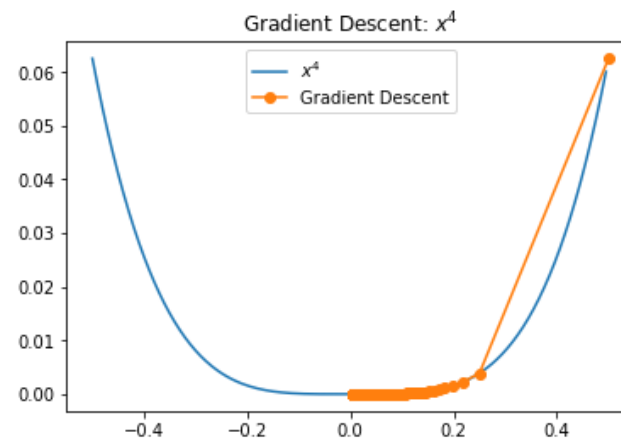
Polyak's Momentum

- GD method (with a fixed step size): $\mathbf{x}_{t+1} = \mathbf{x}_t - \eta \nabla f(\mathbf{x}_t)$, e.g., $\eta = \frac{1}{L}$
- The problem: *pathological curvature*

Considera deploying GD on a quartic function $f(x) = x^4$.



(a) large step size



(b) small step size

Motivation

- ✓ Ensure smaller steps in regions of high curvature to dampen oscillations.
- ✓ Ensure larger steps and accelerate in regions of low curvature.

Source: <https://boostedml.com/2020/07/gradient-descent-and-momentum-the-heavy-ball-method.html>

Polyak's Momentum

- GD with momentum:

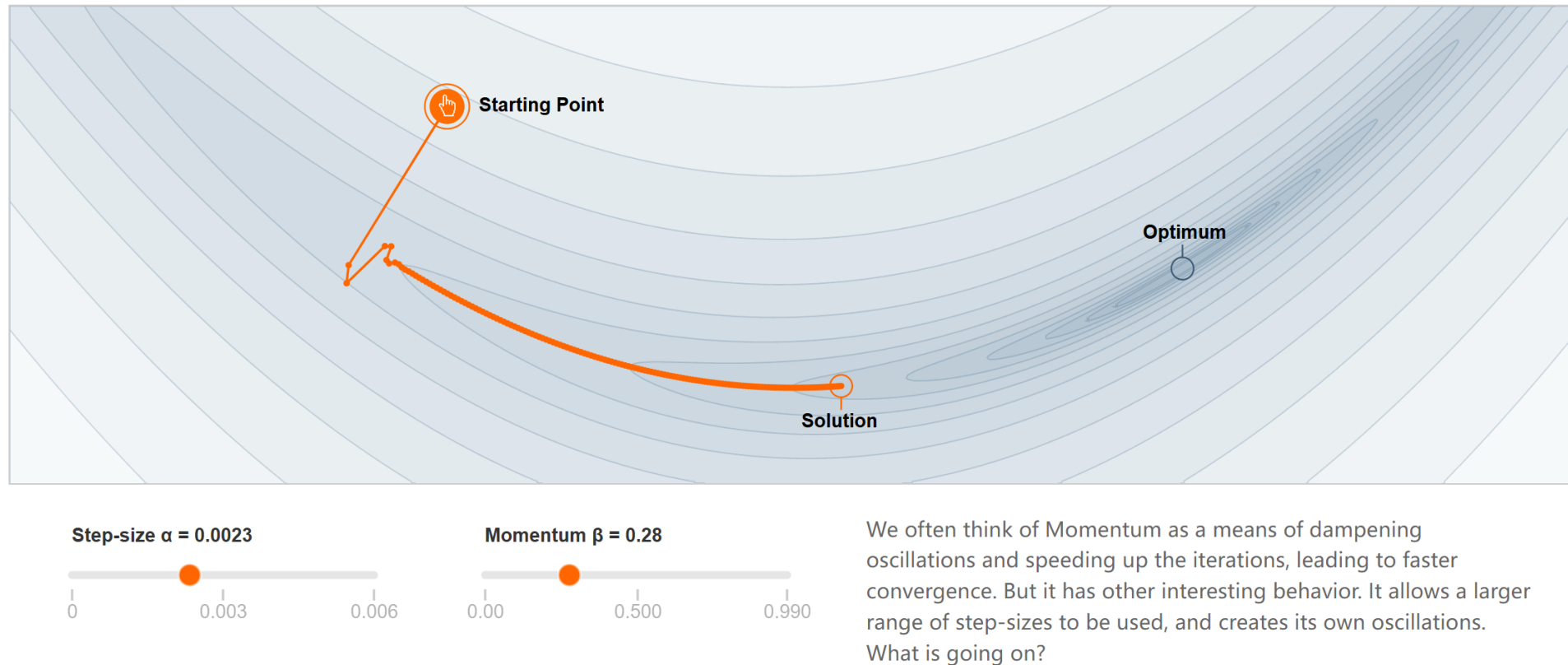
$$\mathbf{x}_{t+1} = \mathbf{x}_t - \underbrace{\eta \nabla f(\mathbf{x}_t)}_{\text{GD}} + \underbrace{\beta(\mathbf{x}_t - \mathbf{x}_{t-1})}_{\text{momentum}}$$

where β is a hyperparameter (usually $\beta \in [0, 1]$ though not limited to it), which scales down the previous step adaptively.

- If the current gradient step is in the same direction as the previous step (e.g., in the region of low curvature), then move a little further in that direction;
 - If it's in the opposite direction (e.g., in the region of high curvature), move less far.
- Also known as the “**heavy ball method**” (think of the physical intuition).

Polyak's Momentum: Illustration

- <https://distill.pub/2017/momentum/>



Polyak's Momentum: Physical Interpretation

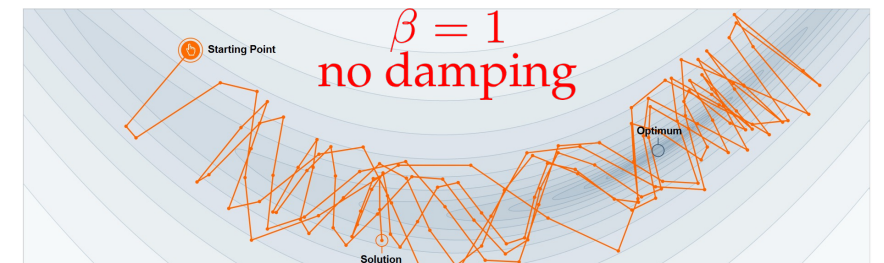
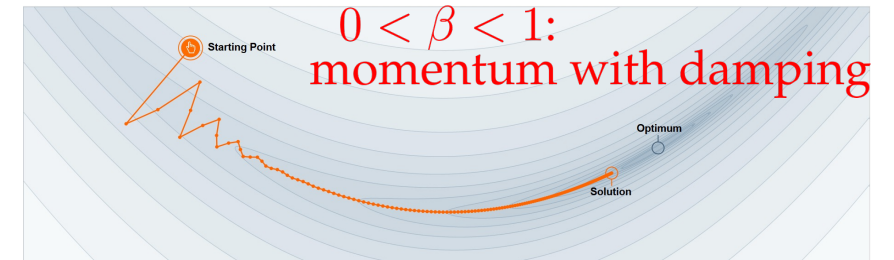
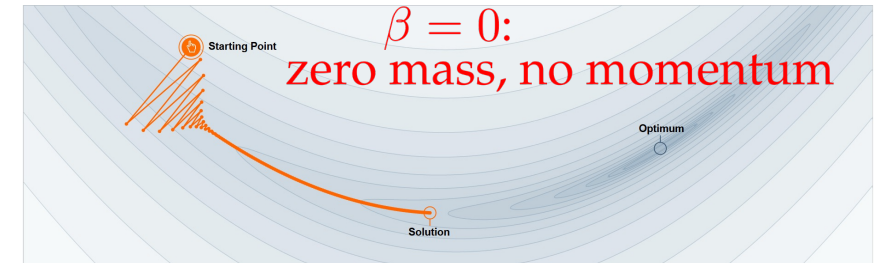
- Consider a momentum theorem with damping force, and the equation of motion at this infinitesimal moment:

$$\frac{d}{dt}(m\mathbf{v}) = \underbrace{-\mathbf{c} \cdot \mathbf{v}}_{\text{damping force}} - \underbrace{\nabla(\eta f(\mathbf{x}))}_{\text{force due to potential energy gradient}},$$
$$d\mathbf{x} = \mathbf{v}dt.$$

- Discretizing the equation, we obtain the Polyak's Momentum form:

$$\mathbf{v}_{t+1} = \beta \mathbf{v}_t - \eta \nabla f(\mathbf{x}_t), \quad (\mathbf{v}_t = \mathbf{x}_t - \mathbf{x}_{t-1})$$
$$\mathbf{x}_{t+1} = \mathbf{x}_t + \mathbf{v}_{t+1}. \quad (\beta \in [0, 1])$$

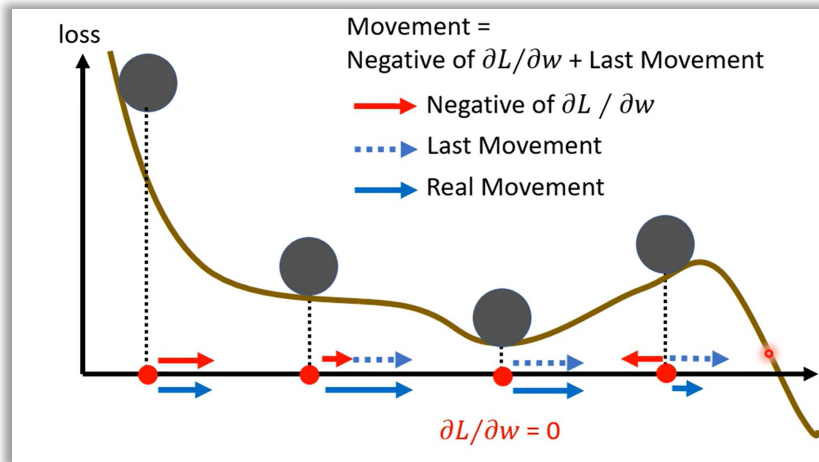
$$\mathbf{x}_{t+1} = \mathbf{x}_t - \underbrace{\eta \nabla f(\mathbf{x}_t)}_{\text{GD}} + \underbrace{\beta(\mathbf{x}_t - \mathbf{x}_{t-1})}_{\text{momentum}}$$



<https://distill.pub/2017/momentum/>

Polyak's Momentum

- Provable benefit: can achieve *accelerated rate* for *quadratic functions*
- Other benefit: help jump out of the local region (can be useful for non-convex opt)

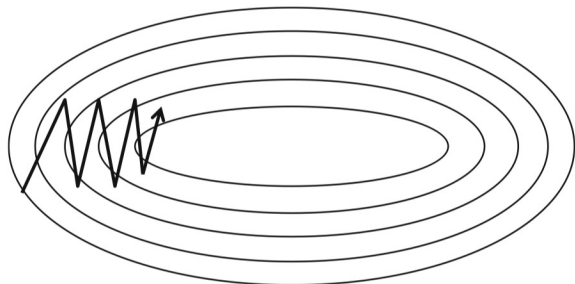


Source: Hung-yi Lee ML 2021 Spring course
Lecture on batch and momentum

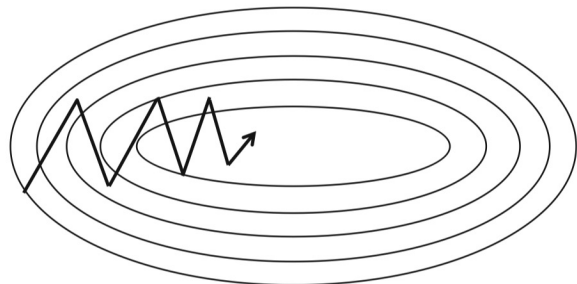
- But it fails for more general cases like *smooth and convex/strongly convex functions*). Details are omitted [\[more details\]](#).

Nesterov's Accelerated GD

- a momentum term is added to boost the convergence
- the descent property is relaxed and not ensured now



GD

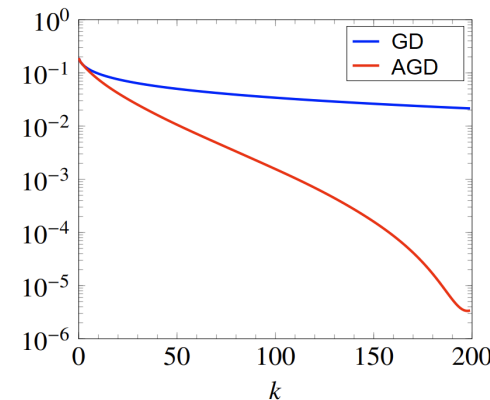


Accelerated GD

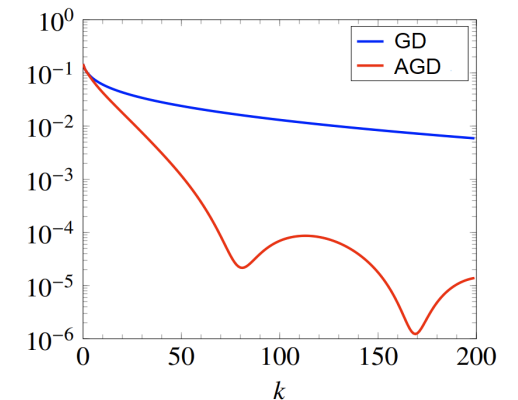
Example

$$\text{minimize} \quad \log \sum_{i=1}^p \exp(a_i^T x + b_i)$$

- two randomly generated problems with $p = 2000, n = 1000$
- same fixed step size used for gradient method and FISTA
- figures show $(f(x^{(k)}) - f^*)/f^*$



Accelerated proximal gradient methods



7.9

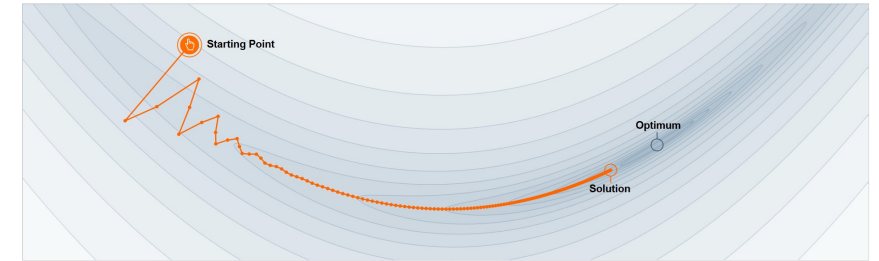
<https://www.seas.ucla.edu/~vandenbe/236C/lectures/fgrad.pdf>

Nesterov's AGD: Physical Interpretation

- Consider a momentum theorem with damping force, and the equation of motion at this infinitesimal moment:

$$\frac{d}{dt}(m\mathbf{v}) = \underbrace{-\mathbf{c} \cdot \mathbf{v}}_{\text{damping force}} - \underbrace{\nabla(\eta f(\mathbf{x}'))}_{\text{force due to potential energy gradient}},$$

$$d\mathbf{x} = \mathbf{v}dt.$$



- Polyak's Momentum:

$$\mathbf{v}_{t+1} = \beta \mathbf{v}_t - \eta \nabla f(\mathbf{x}_t),$$

$$\mathbf{x}_{t+1} = \mathbf{x}_t + \mathbf{v}_{t+1}$$

$$\mathbf{x}_{t+1} = \mathbf{x}_t - \underbrace{\eta \nabla f(\mathbf{x}_t)}_{\text{GD}} + \underbrace{\beta(\mathbf{x}_t - \mathbf{x}_{t-1})}_{\text{momentum}}$$

- Nesterov's Accelerated GD:

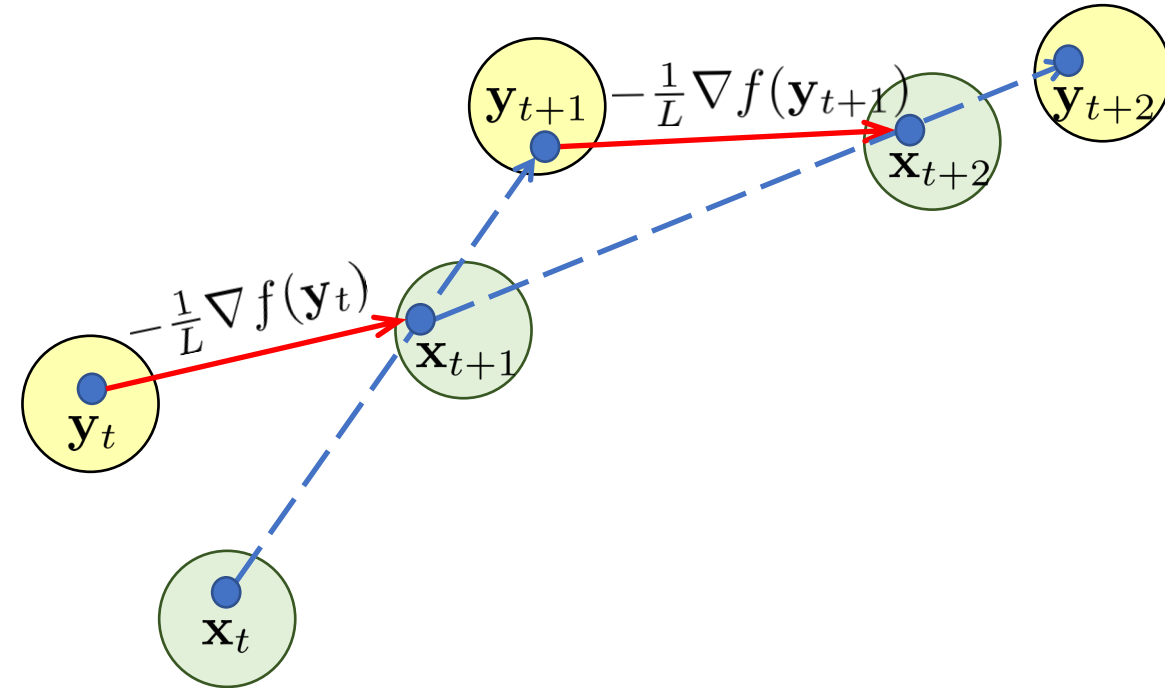
$$\mathbf{v}_{t+1} = \beta \mathbf{v}_t - \eta \nabla f(\mathbf{x}_t + \beta \mathbf{v}_t),$$

$$\mathbf{x}_{t+1} = \mathbf{x}_t + \mathbf{v}_{t+1}$$

$$\mathbf{x}_{t+1} = \mathbf{x}_t - \underbrace{\eta \nabla f(\mathbf{x}_t + \beta(\mathbf{x}_t - \mathbf{x}_{t-1}))}_{\text{GD (twisted)}} + \underbrace{\beta(\mathbf{x}_t - \mathbf{x}_{t-1})}_{\text{momentum}}$$

Nesterov's Accelerated GD

$$\begin{aligned}\mathbf{x}_{t+1} &= \mathbf{y}_t - \frac{1}{L} \nabla f(\mathbf{y}_t) \\ \mathbf{y}_{t+1} &= \mathbf{x}_{t+1} + \beta_t (\mathbf{x}_{t+1} - \mathbf{x}_t)\end{aligned}$$



- Define $\mathbf{x}_1 = \mathbf{y}_1$.
- $\beta_t > 0$ is a *time-varying* mixing rate of $\mathbf{x}_t$ and $\mathbf{x}_{t+1}$; $\beta_t = 0$ recovers vanilla GD.
- AGD can be also thought a version of GD with *momentum*.

Convergence of Nesterov's Accelerated GD

Theorem 3. *Let f be convex and L -smooth. Nesterov's accelerated GD is configured as*

$$\mathbf{x}_{t+1} = \mathbf{y}_t - \frac{1}{L} \nabla f(\mathbf{y}_t), \quad \mathbf{y}_{t+1} = \mathbf{x}_{t+1} + \beta_t(\mathbf{x}_{t+1} - \mathbf{x}_t),$$

where $\lambda_0 = 0$, $\lambda_t = \frac{1 + \sqrt{1 + 4\lambda_{t-1}^2}}{2}$, and $\beta_t = \frac{\lambda_t - 1}{\lambda_{t+1}}$. Then, we have

$$f(\mathbf{x}_T) - f(\mathbf{x}^*) \leq \frac{2L \|\mathbf{x}_1 - \mathbf{x}^*\|^2}{T^2} = \mathcal{O}\left(\frac{1}{T^2}\right).$$

It is ***optimal*** for first-order methods working on smooth convex optimization.

Note: for simplicity, we are working on the ***unconstrained*** setting.

Proof of AGD Convergence

Proof: First, we prove the following *generalized one-step improvement lemma*.

Lemma 6. For any $\mathbf{u} \in \mathcal{X}$, if $\mathbf{x}_{t+1} = \mathbf{x}_t - \frac{1}{L} \nabla f(\mathbf{x}_t)$, then the following holds true:

$$f(\mathbf{x}_{t+1}) - f(\mathbf{u}) \leq \langle \nabla f(\mathbf{x}_t), \mathbf{x}_t - \mathbf{u} \rangle - \frac{1}{2L} \|\nabla f(\mathbf{x}_t)\|^2.$$

a comparator variable $\mathbf{u}$ is introduced here,
because now AGD is not necessary “descent” due to the momentum

⇒ Setting $\mathbf{u} = \mathbf{x}_t$ recovers the one-step improvement used in earlier analysis.

$$f(\mathbf{x}_{t+1}) - f(\mathbf{x}_t) \leq -\frac{1}{2L} \|\nabla f(\mathbf{x}_t)\|^2 \quad \text{GD for smooth and convex functions}$$

Generalized One-Step Improvement

Lemma 6. For any $\mathbf{u} \in \mathcal{X}$, if $\mathbf{x}_{t+1} = \mathbf{x}_t - \frac{1}{L} \nabla f(\mathbf{x}_t)$, then the following holds true:

$$f(\mathbf{x}_{t+1}) - f(\mathbf{u}) \leq \langle \nabla f(\mathbf{x}_t), \mathbf{x}_t - \mathbf{u} \rangle - \frac{1}{2L} \|\nabla f(\mathbf{x}_t)\|^2.$$

Setting $\mathbf{u} = \mathbf{x}_t$ recovers the one-step improvement used in earlier analysis.

Proof:

$$\begin{aligned} f(\mathbf{x}_{t+1}) - f(\mathbf{u}) &= f(\mathbf{x}_{t+1}) - f(\mathbf{x}_t) + f(\mathbf{x}_t) - f(\mathbf{u}) \\ &\leq \langle \nabla f(\mathbf{x}_t), \mathbf{x}_{t+1} - \mathbf{x}_t \rangle + \frac{L}{2} \|\mathbf{x}_{t+1} - \mathbf{x}_t\|^2 + \langle \nabla f(\mathbf{x}_t), \mathbf{x}_t - \mathbf{u} \rangle \quad (\text{smoothness and convexity}) \\ &= \langle \nabla f(\mathbf{x}_t), \mathbf{x}_t - \mathbf{u} \rangle - \frac{1}{2L} \|\nabla f(\mathbf{x}_t)\|^2 \quad (\mathbf{x}_{t+1} = \mathbf{x}_t - \frac{1}{L} \nabla f(\mathbf{x}_t)) \end{aligned}$$

□

Proof of AGD Convergence

$$\begin{aligned}\mathbf{x}_{t+1} &= \mathbf{y}_t - \frac{1}{L} \nabla f(\mathbf{y}_t) \\ \mathbf{y}_{t+1} &= \mathbf{x}_{t+1} + \beta_t (\mathbf{x}_{t+1} - \mathbf{x}_t)\end{aligned}$$

Proof: (continued proving Theorem 3)

Lemma 6. For any $\mathbf{u} \in \mathcal{X}$, if $\mathbf{x}' = \mathbf{x} - \frac{1}{L} \nabla f(\mathbf{x})$, then the following holds true:

$$f(\mathbf{x}') - f(\mathbf{u}) \leq \langle \nabla f(\mathbf{x}), \mathbf{x} - \mathbf{u} \rangle - \frac{1}{2L} \|\nabla f(\mathbf{x})\|^2.$$

(i) Plugging in $\mathbf{u} = \mathbf{x}_t$:

$$f(\mathbf{x}_{t+1}) - f(\mathbf{x}_t) \leq \langle \nabla f(\mathbf{y}_t), \mathbf{y}_t - \mathbf{x}_t \rangle - \frac{1}{2L} \|\nabla f(\mathbf{y}_t)\|^2.$$

(ii) Plugging in $\mathbf{u} = \mathbf{x}^*$:

$$f(\mathbf{x}_{t+1}) - f(\mathbf{x}^*) \leq \langle \nabla f(\mathbf{y}_t), \mathbf{y}_t - \mathbf{x}^* \rangle - \frac{1}{2L} \|\nabla f(\mathbf{y}_t)\|^2.$$

Proof of AGD Convergence

$$\begin{aligned}\mathbf{x}_{t+1} &= \mathbf{y}_t - \frac{1}{L} \nabla f(\mathbf{y}_t) \\ \mathbf{y}_{t+1} &= \mathbf{x}_{t+1} + \beta_t (\mathbf{x}_{t+1} - \mathbf{x}_t)\end{aligned}$$

Proof: (continued proving Theorem 3)

(i) Plugging in $\mathbf{u} = \mathbf{x}_t$: $f(\mathbf{x}_{t+1}) - f(\mathbf{x}_t) \leq \langle \nabla f(\mathbf{y}_t), \mathbf{y}_t - \mathbf{x}_t \rangle - \frac{1}{2L} \|\nabla f(\mathbf{y}_t)\|^2.$

(ii) Plugging in $\mathbf{u} = \mathbf{x}^*$: $f(\mathbf{x}_{t+1}) - f(\mathbf{x}^*) \leq \langle \nabla f(\mathbf{y}_t), \mathbf{y}_t - \mathbf{x}^* \rangle - \frac{1}{2L} \|\nabla f(\mathbf{y}_t)\|^2.$

LHS of $(\lambda_t - 1)(i) + (ii)$ equals:

$$\begin{aligned}& (\lambda_t - 1)(f(\mathbf{x}_{t+1}) - f(\mathbf{x}_t)) + f(\mathbf{x}_{t+1}) - f(\mathbf{x}^*) \\ &= \lambda_t(f(\mathbf{x}_{t+1}) - f(\mathbf{x}^*)) - (\lambda_t - 1)(f(\mathbf{x}_t) - f(\mathbf{x}^*))\end{aligned}$$

Define $\delta_t \triangleq f(\mathbf{x}_t) - f(\mathbf{x}^*)$, then we have

$$\text{LHS} = \lambda_t \delta_{t+1} - (\lambda_t - 1) \delta_t$$

Goal: design a telescoping series

Proof of AGD Convergence

$$\begin{aligned}\mathbf{x}_{t+1} &= \mathbf{y}_t - \frac{1}{L} \nabla f(\mathbf{y}_t) \\ \mathbf{y}_{t+1} &= \mathbf{x}_{t+1} + \beta_t (\mathbf{x}_{t+1} - \mathbf{x}_t)\end{aligned}$$

Proof: (continued proving Theorem 3)

(i) Plugging in $\mathbf{u} = \mathbf{x}_t$: $f(\mathbf{x}_{t+1}) - f(\mathbf{x}_t) \leq \langle \nabla f(\mathbf{y}_t), \mathbf{y}_t - \mathbf{x}_t \rangle - \frac{1}{2L} \|\nabla f(\mathbf{y}_t)\|^2.$

(ii) Plugging in $\mathbf{u} = \mathbf{x}^*$: $f(\mathbf{x}_{t+1}) - f(\mathbf{x}^*) \leq \langle \nabla f(\mathbf{y}_t), \mathbf{y}_t - \mathbf{x}^* \rangle - \frac{1}{2L} \|\nabla f(\mathbf{y}_t)\|^2.$

RHS of $(\lambda_t - 1)(i) + (ii)$ equals:

$$\begin{aligned}& (\lambda_t - 1) \left(\langle \nabla f(\mathbf{y}_t), \mathbf{y}_t - \mathbf{x}_t \rangle - \frac{1}{2L} \|\nabla f(\mathbf{y}_t)\|^2 \right) + \langle \nabla f(\mathbf{y}_t), \mathbf{y}_t - \mathbf{x}^* \rangle - \frac{1}{2L} \|\nabla f(\mathbf{y}_t)\|^2 \\ &= \langle \nabla f(\mathbf{y}_t), \lambda_t \mathbf{y}_t - (\lambda_t - 1) \mathbf{x}_t - \mathbf{x}^* \rangle - \frac{\lambda_t}{2L} \|\nabla f(\mathbf{y}_t)\|^2\end{aligned}$$

That is

$$\lambda_t \delta_{t+1} - (\lambda_t - 1) \delta_t \leq \langle \nabla f(\mathbf{y}_t), \lambda_t \mathbf{y}_t - (\lambda_t - 1) \mathbf{x}_t - \mathbf{x}^* \rangle - \frac{\lambda_t}{2L} \|\nabla f(\mathbf{y}_t)\|^2$$

Proof of AGD Convergence

$$\begin{aligned}\mathbf{x}_{t+1} &= \mathbf{y}_t - \frac{1}{L} \nabla f(\mathbf{y}_t) \\ \mathbf{y}_{t+1} &= \mathbf{x}_{t+1} + \beta_t (\mathbf{x}_{t+1} - \mathbf{x}_t)\end{aligned}$$

Proof: (continued proving Theorem 3)

Cautious: many terms of interest have already appeared in the following inequality.

$$\lambda_t \delta_{t+1} - (\lambda_t - 1) \delta_t \leq \underbrace{\langle \nabla f(\mathbf{y}_t), \lambda_t \mathbf{y}_t - (\lambda_t - 1) \mathbf{x}_t - \mathbf{x}^* \rangle}_{\substack{\text{gradient inner product} \\ \text{linear combination} \\ \text{related to momentum}}} - \underbrace{\frac{\lambda_t}{2L} \|\nabla f(\mathbf{y}_t)\|^2}_{\substack{\text{optimal point} \\ \text{gradient norm}}}$$

*optimality gap
telescoping structure*

Proof of AGD Convergence

$$\begin{aligned}\mathbf{x}_{t+1} &= \mathbf{y}_t - \frac{1}{L} \nabla f(\mathbf{y}_t) \\ \mathbf{y}_{t+1} &= \mathbf{x}_{t+1} + \beta_t (\mathbf{x}_{t+1} - \mathbf{x}_t)\end{aligned}$$

Proof: (continued proving Theorem 3)

$$\lambda_t \delta_{t+1} - (\lambda_t - 1) \delta_t \leq \langle \nabla f(\mathbf{y}_t), \lambda_t \mathbf{y}_t - (\lambda_t - 1) \mathbf{x}_t - \mathbf{x}^* \rangle - \frac{\lambda_t}{2L} \|\nabla f(\mathbf{y}_t)\|^2$$

$$\Rightarrow \lambda_t^2 \delta_{t+1} - \lambda_t(\lambda_t - 1) \delta_t \leq \frac{1}{2L} (2 \langle \lambda_t \nabla f(\mathbf{y}_t), L(\lambda_t \mathbf{y}_t - (\lambda_t - 1) \mathbf{x}_t - \mathbf{x}^*) \rangle - \|\lambda_t \nabla f(\mathbf{y}_t)\|^2)$$

Requirement (1): $\lambda_t(\lambda_t - 1) = \lambda_{t-1}^2$

$$\Rightarrow \lambda_t^2 \delta_{t+1} - \lambda_{t-1}^2 \delta_t \leq \frac{1}{2L} (2 \langle \lambda_t \nabla f(\mathbf{y}_t), L(\lambda_t \mathbf{y}_t - (\lambda_t - 1) \mathbf{x}_t - \mathbf{x}^*) \rangle - \|\lambda_t \nabla f(\mathbf{y}_t)\|^2)$$

Denote by $\mathbf{a} \triangleq \lambda_t \nabla f(\mathbf{y}_t)$, $\mathbf{b} \triangleq L(\lambda_t \mathbf{y}_t - (\lambda_t - 1) \mathbf{x}_t - \mathbf{x}^*)$.

$$\Rightarrow \lambda_t^2 \delta_{t+1} - \lambda_{t-1}^2 \delta_t \leq \frac{1}{2L} (2 \langle \mathbf{a}, \mathbf{b} \rangle - \|\mathbf{a}\|^2) = \frac{1}{2L} (\|\mathbf{b}\|^2 - \|\mathbf{b} - \mathbf{a}\|^2)$$

Proof of AGD Convergence

$$\begin{aligned}\mathbf{x}_{t+1} &= \mathbf{y}_t - \frac{1}{L} \nabla f(\mathbf{y}_t) \\ \mathbf{y}_{t+1} &= \mathbf{x}_{t+1} + \beta_t(\mathbf{x}_{t+1} - \mathbf{x}_t)\end{aligned}$$

Proof: (continued proving Theorem 3)

Denote by $\mathbf{a} \triangleq \lambda_t \nabla f(\mathbf{y}_t)$, $\mathbf{b} \triangleq L(\lambda_t \mathbf{y}_t - (\lambda_t - 1)\mathbf{x}_t - \mathbf{x}^*)$.

$$\begin{aligned}& \lambda_t^2 \delta_{t+1} - \lambda_{t-1}^2 \delta_t \\& \leq \frac{1}{2L} (L^2 \|\lambda_t \mathbf{y}_t - (\lambda_t - 1)\mathbf{x}_t - \mathbf{x}^*\|^2 - \|L(\lambda_t \mathbf{y}_t - (\lambda_t - 1)\mathbf{x}_t - \mathbf{x}^*) - \lambda_t \nabla f(\mathbf{y}_t)\|^2) \\& = \frac{L}{2} \left(\|\lambda_t \mathbf{y}_t - (\lambda_t - 1)\mathbf{x}_t - \mathbf{x}^*\|^2 - \left\| \lambda_t \mathbf{y}_t - (\lambda_t - 1)\mathbf{x}_t - \mathbf{x}^* - \lambda_t \frac{\nabla f(\mathbf{y}_t)}{L} \right\|^2 \right) \\& = \frac{L}{2} (\|\lambda_t \mathbf{y}_t - (\lambda_t - 1)\mathbf{x}_t - \mathbf{x}^*\|^2 - \|\lambda_t \mathbf{x}_{t+1} - (\lambda_t - 1)\mathbf{x}_t - \mathbf{x}^*\|^2)\end{aligned}$$

Goal: design a telescoping series

Proof of AGD Convergence

$$\begin{aligned}\mathbf{x}_{t+1} &= \mathbf{y}_t - \frac{1}{L} \nabla f(\mathbf{y}_t) \\ \mathbf{y}_{t+1} &= \mathbf{x}_{t+1} + \beta_t(\mathbf{x}_{t+1} - \mathbf{x}_t)\end{aligned}$$

Proof: (continued proving Theorem 3)

$$\lambda_t^2 \delta_{t+1} - \lambda_{t-1}^2 \delta_t \leq \frac{L}{2} (\|\lambda_t \mathbf{y}_t - (\lambda_t - 1) \mathbf{x}_t - \mathbf{x}^*\|^2 - \|\lambda_t \mathbf{x}_{t+1} - (\lambda_t - 1) \mathbf{x}_t - \mathbf{x}^*\|^2)$$

Requirement (2): $\lambda_t \mathbf{x}_{t+1} - (\lambda_t - 1) \mathbf{x}_t = \lambda_{t+1} \mathbf{y}_{t+1} - (\lambda_{t+1} - 1) \mathbf{x}_{t+1}$

$$\lambda_t^2 \delta_{t+1} - \lambda_{t-1}^2 \delta_t \leq \frac{L}{2} (\|\lambda_t \mathbf{y}_t - (\lambda_t - 1) \mathbf{x}_t - \mathbf{x}^*\|^2 - \|\lambda_{t+1} \mathbf{y}_{t+1} - (\lambda_{t+1} - 1) \mathbf{x}_{t+1} - \mathbf{x}^*\|^2)$$

telescope

Define $\mathbf{z}_t \triangleq \lambda_t \mathbf{y}_t - (\lambda_t - 1) \mathbf{x}_t - \mathbf{x}^*$, then we have

$$\begin{aligned}\lambda_t^2 \delta_{t+1} - \lambda_{t-1}^2 \delta_t &\leq \frac{L}{2} (\|\mathbf{z}_t\|^2 - \|\mathbf{z}_{t+1}\|^2) \\ \Rightarrow \lambda_{T-1}^2 \delta_T - \lambda_0^2 \delta_1 &\leq \frac{L}{2} (\|\mathbf{z}_1\|^2 - \|\mathbf{z}_T\|^2)\end{aligned}$$

Proof of AGD Convergence

$$\begin{aligned}\mathbf{x}_{t+1} &= \mathbf{y}_t - \frac{1}{L} \nabla f(\mathbf{y}_t) \\ \mathbf{y}_{t+1} &= \mathbf{x}_{t+1} + \beta_t (\mathbf{x}_{t+1} - \mathbf{x}_t)\end{aligned}$$

Proof: (continued proving Theorem 3)

$$\lambda_{T-1}^2 \delta_T - \lambda_0^2 \delta_1 \leq \frac{L}{2} (\|\mathbf{z}_1\|^2 - \|\mathbf{z}_T\|^2)$$

Requirement (3): $\lambda_0 = 0$

$$\lambda_{T-1}^2 \delta_T \leq \frac{L}{2} \|\mathbf{z}_1\|^2 \Rightarrow \delta_T \leq \frac{L \|\mathbf{z}_1\|^2}{2\lambda_{T-1}^2} = \frac{L \|\lambda_1 \mathbf{y}_1 - (\lambda_1 - 1) \mathbf{x}_1 - \mathbf{x}^*\|^2}{2\lambda_{T-1}^2}$$

Requirement (4): $\mathbf{y}_1 = \mathbf{x}_1$

$$\lambda_{T-1}^2 \delta_T \leq \frac{L}{2} \|\mathbf{z}_1\|^2 \Rightarrow \delta_T \leq \frac{L \|\mathbf{z}_1\|^2}{2\lambda_{T-1}^2} = \frac{L \|\mathbf{x}_1 - \mathbf{x}^*\|^2}{2\lambda_{T-1}^2}$$

Proof

Proof: (continued proving Theorem 3)

Theorem 3. Let f be convex and L -smooth. Nesterov's accelerated GD is configured as

$$\mathbf{x}_{t+1} = \mathbf{y}_t - \frac{1}{L} \nabla f(\mathbf{y}_t), \quad \mathbf{y}_{t+1} = \mathbf{x}_{t+1} + \beta_t(\mathbf{x}_{t+1} - \mathbf{x}_t),$$

where $\lambda_0 = 0$, $\lambda_t = \frac{1 + \sqrt{1 + 4\lambda_{t-1}^2}}{2}$, and $\beta_t = \frac{\lambda_t - 1}{\lambda_{t+1}}$. Then, we have

$$f(\mathbf{x}_T) - f(\mathbf{x}^*) \leq \frac{2L\|\mathbf{x}_1 - \mathbf{x}^*\|^2}{T^2} = \mathcal{O}\left(\frac{1}{T^2}\right).$$

Requirement (1): $\lambda_t(\lambda_t - 1) = \lambda_{t-1}^2$

$$\Rightarrow \lambda_t = \frac{1 + \sqrt{1 + 4\lambda_{t-1}^2}}{2}$$

Requirement (2): $\lambda_t \mathbf{x}_{t+1} - (\lambda_t - 1)\mathbf{x}_t = \lambda_{t+1} \mathbf{y}_{t+1} - (\lambda_{t+1} - 1)\mathbf{x}_{t+1}$

$$\mathbf{y}_{t+1} = \mathbf{x}_{t+1} + \frac{\lambda_t - 1}{\lambda_{t+1}}(\mathbf{x}_{t+1} - \mathbf{x}_t) \quad \Rightarrow \quad \beta_t = \frac{\lambda_t - 1}{\lambda_{t+1}}$$

Requirement (3): $\lambda_0 = 0$

Requirement (4): $\mathbf{y}_1 = \mathbf{x}_1$

$$\lambda_t = \frac{1 + \sqrt{1 + 4\lambda_{t-1}^2}}{2} \Rightarrow \lambda_t \geq \frac{t+1}{2} \Rightarrow \delta_T \leq \frac{L\|\mathbf{x}_1 - \mathbf{x}^*\|^2}{2\lambda_{T-1}^2} \leq \frac{2L\|\mathbf{x}_1 - \mathbf{x}^*\|^2}{T^2} = \mathcal{O}\left(\frac{1}{T^2}\right) \quad \square$$

Polyak's Momentum v.s. Nesterov's AGD

- Polyak's Momentum:

$$\mathbf{x}_{t+1} = \mathbf{x}_t - \underbrace{\eta \nabla f(\mathbf{x}_t)}_{\text{GD}} + \underbrace{\beta(\mathbf{x}_t - \mathbf{x}_{t-1})}_{\text{momentum}}$$

- Nesterov's AGD:

$$\begin{aligned}\mathbf{x}_{t+1} &= \mathbf{y}_t - \eta \nabla f(\mathbf{y}_t) \\ \mathbf{y}_{t+1} &= \mathbf{x}_{t+1} + \beta_t(\mathbf{x}_{t+1} - \mathbf{x}_t)\end{aligned}$$

$$\mathbf{x}_{t+1} = \mathbf{x}_t - \underbrace{\eta \nabla f(\mathbf{x}_t + \beta(\mathbf{x}_t - \mathbf{x}_{t-1}))}_{\text{GD (twisted)}} + \underbrace{\beta(\mathbf{x}_t - \mathbf{x}_{t-1})}_{\text{momentum}}$$

Main difference: separate *the gradient calculation state* and *the momentum state*.

Comparison in Another view

- Nesterov's AGD:

$$\mathbf{x}_{t+1} = \underbrace{\mathbf{x}_t - \eta \nabla f(\mathbf{x}_t + \beta_{t-1}(\mathbf{x}_t - \mathbf{x}_{t-1}))}_{\text{GD Update}} + \underbrace{\beta_{t-1}(\mathbf{x}_t - \mathbf{x}_{t-1})}_{\text{momentum}}$$

can be also written as

$$\mathbf{x}_{t+1} = \mathbf{x}_t + \beta_{t-1}(\mathbf{x}_t - \mathbf{x}_{t-1}) - \eta \nabla f(\mathbf{x}_t + \beta_{t-1}(\mathbf{x}_t - \mathbf{x}_{t-1}))$$

$$\mathbf{x}^+ \triangleq \mathbf{x} - \eta \nabla f(\mathbf{x}), \quad (\text{gradient step})$$

$$\mathbf{d}_t \triangleq \gamma \cdot (\mathbf{x}_t - \mathbf{x}_{t-1}). \quad (\text{momentum term})$$

[Cauchy, 1847]	$\mathbf{x}_{t+1} = \mathbf{x}_t^+,$	(gradient descent),
[Polyak, 1964]	$\mathbf{x}_{t+1} = \mathbf{x}_t^+ + \mathbf{d}_t,$	(momentum + gradient),
[Nesterov, 1983]	$\mathbf{x}_{t+1} = (\mathbf{x}_t + \mathbf{d}_t)^+,$	(momentum + lookahead gradient).

Smooth and Strongly Convex

Theorem 4. Let f be σ -strongly convex and L -smooth, then Nesterov's accelerated gradient descent:

$$\mathbf{x}_{t+1} = \mathbf{y}_t - \frac{1}{L} \nabla f(\mathbf{y}_t), \quad \mathbf{y}_{t+1} = \mathbf{x}_{t+1} + \frac{\sqrt{\kappa} - 1}{\sqrt{\kappa} + 1} (\mathbf{x}_{t+1} - \mathbf{x}_t)$$

satisfies

$$f(\mathbf{x}_T) - f(\mathbf{x}^*) \leq \frac{\sigma + L}{2} \|\mathbf{x}^* - \mathbf{y}_1\|^2 \exp\left(-\frac{T}{\sqrt{\kappa}}\right),$$

where $\kappa \triangleq L/\sigma$ denotes the condition number.

core technique: *estimate sequence* (developed by Yurii Nesterov)

Smooth and Strongly Convex

- Proof sketch

Core technique: construct an estimate sequence (*developed by Yurii Nesterov*)

$$\Phi_1(\mathbf{x}) \triangleq f(\mathbf{x}_1) + \frac{\sigma}{2} \|\mathbf{x} - \mathbf{x}_1\|^2$$

$$\Phi_{t+1}(\mathbf{x}) \triangleq (1 - \theta)\Phi_t(\mathbf{x}) + \theta \left(f(\mathbf{x}_t) + \langle \nabla f(\mathbf{x}_t), \mathbf{x} - \mathbf{x}_t \rangle + \frac{\sigma}{2} \|\mathbf{x} - \mathbf{x}_t\|^2 \right)$$

The estimate sequence $\{\Phi_t\}_{t=1}^T$ is required to satisfy some nice properties:

(i) $\Phi_{t+1}(\mathbf{x}) - f(\mathbf{x}) \leq (1 - \theta)^t (\Phi_1(\mathbf{x}) - f(\mathbf{x})) \Rightarrow$ approximate f well.

(ii) $f(\mathbf{x}_t) \leq \min_{\mathbf{x} \in \mathbb{R}^d} \Phi_t(\mathbf{x}) \Rightarrow$ useful when giving the convergence rate.

It can be proved that the above construction satisfies the two properties.

Smooth and Strongly Convex

- Proof sketch

Core technique: construct an estimate sequence (*developed by Yurii Nesterov*)

$$\Phi_1(\mathbf{x}) \triangleq f(\mathbf{x}_1) + \frac{\sigma}{2} \|\mathbf{x} - \mathbf{x}_1\|^2$$

$$\Phi_{t+1}(\mathbf{x}) \triangleq (1 - \theta)\Phi_t(\mathbf{x}) + \theta \left(f(\mathbf{x}_t) + \langle \nabla f(\mathbf{x}_t), \mathbf{x} - \mathbf{x}_t \rangle + \frac{\sigma}{2} \|\mathbf{x} - \mathbf{x}_t\|^2 \right)$$

$$f(\mathbf{x}_t) - f(\mathbf{x}^*) \stackrel{(ii)}{\leq} \min_{\mathbf{x} \in \mathbb{R}^d} \Phi_t(\mathbf{x}) - f(\mathbf{x}^*) \leq \Phi_t(\mathbf{x}^*) - f(\mathbf{x}^*) \quad (\text{by property (ii)})$$

$$\stackrel{(i)}{\leq} (1 - \theta)^t (\Phi_1(\mathbf{x}^*) - f(\mathbf{x}^*)) \quad (\text{by property (i)})$$

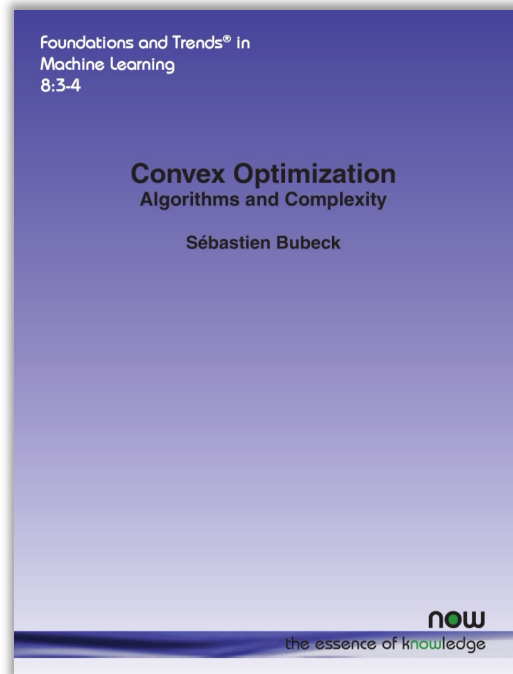
$$= (1 - \theta)^t \left(f(\mathbf{x}_1) + \frac{\sigma}{2} \|\mathbf{x}^* - \mathbf{x}_1\|^2 - f(\mathbf{x}^*) \right) \quad (\text{definition of } \Phi_1)$$

$$\lesssim (\sigma + L) \|\mathbf{x}^* - \mathbf{x}_1\|^2 \exp(-\theta t) \quad (\text{smoothness})$$

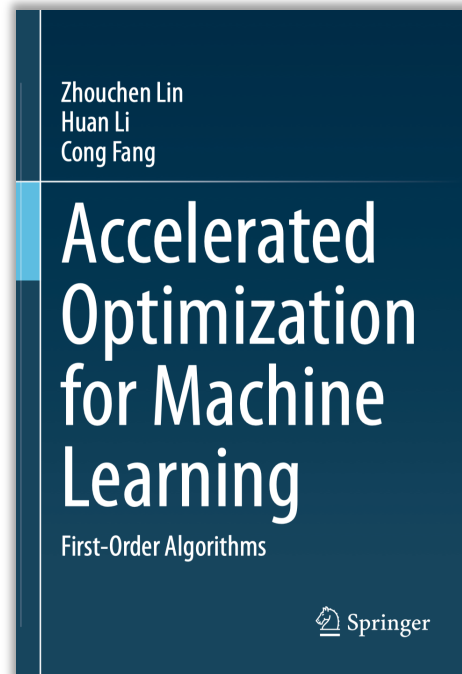
Estimate Sequence

- Admittedly, how to construct estimate sequence is highly *tricky*

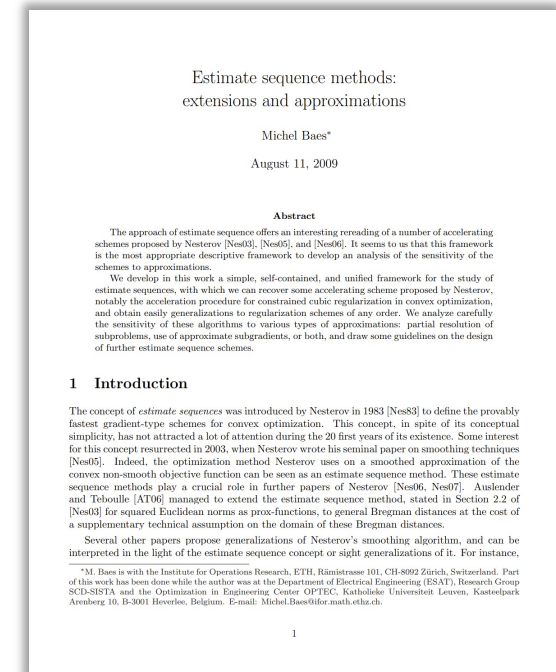
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Chapter 3.7



Chapter 2.1



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History Bits

Nesterov's four ideas (three acceleration methods):

- Y. Nesterov (1983), A method for solving a convex programming problem with convergence rate $O(1/k^2)$
- Y. Nesterov (1988), On an approach to the construction of optimal methods of minimization of smooth convex functions
- Y. Nesterov (2005), Smooth minimization of non-smooth functions
- Y. Nesterov (2007), Gradient methods for minimizing composite objective function



Yurii Nesterov
1956 –
UCLouvain, Belgium

History Bits

- Polyak's Momentum, credit goes to Polyak, date back to 1960s

B. T. Polyak. Some methods of speeding up the convergence of iteration methods. USSR Computational Mathematics and Mathematical Physics, 4(5):1–17, 1964.



Boris T. Polyak
1935-2023

Math. Program., Ser. B 91: 401–416 (2002)

Digital Object Identifier (DOI) 10.1007/s101070100258

B.T. Polyak

History of mathematical programming in the USSR: analyzing the phenomenon*

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Published online October 2, 2001 – © Springer-Verlag 2001

Abstract. I am not a historian; these are just reminiscences of a person involved in the development of optimization theory and methods in the former USSR. I realize that my point of view may be very personal; however, I am trying to present as broad and unbiased picture as I can.

Part 3. Extension to Composite Optimization

- Composite Optimization
- Proximal Gradient Method (PG)
- Accelerated Proximal Gradient Method (APG)
- Application to LASSO

Composite Optimization

- Problem setup

$$\min_{\mathbf{x} \in \mathbb{R}^d} F(\mathbf{x}) \triangleq f(\mathbf{x}) + h(\mathbf{x})$$

where f is *smooth* (namely, gradient Lipschitz) while h is *not smooth*.

- The composite optimization problem is common in practice.

Example 1. The objective of *LASSO*: $F(\mathbf{w}) = \frac{1}{2} \|\mathbf{w}^\top X - \mathbf{y}\|_2^2 + \lambda \|\mathbf{w}\|_1$, where $X = [\mathbf{x}_1, \dots, \mathbf{x}_n]$, $\mathbf{y} = [y_1, \dots, y_n]^\top$.

How to effectively leverage the (partial) smoothness to improve convergence?

Recall Non-composite Optimization

Recall how we *invent* GD for unconstrained non-composite optimization.

- **Idea: surrogate optimization**

We aim to find a sequence of *local upper bounds* $U_1, \dots, U_T$, where the surrogate function $U_t : \mathbb{R}^d \mapsto \mathbb{R}$ may depend on $\mathbf{x}_t$ such that

- (i) $f(\mathbf{x}_t) = U_t(\mathbf{x}_t)$;
- (ii) $f(\mathbf{x}) \leq U_t(\mathbf{x})$ holds for all $\mathbf{x} \in \mathbb{R}^d$;
- (iii) $U_t(\mathbf{x})$ should be simple enough to minimize.

⇒ Then, our proposed algorithm would be $\mathbf{x}_{t+1} = \arg \min_{\mathbf{x}} U_t(\mathbf{x})$

Recall Non-composite Optimization

- Consider $\min_{\mathbf{x}} f(\mathbf{x})$, and assume f is L -smooth.

$$\text{By smoothness: } f(\mathbf{x}) \leq \underbrace{f(\mathbf{x}_t) + \langle \nabla f(\mathbf{x}_t), \mathbf{x} - \mathbf{x}_t \rangle + \frac{L}{2} \|\mathbf{x} - \mathbf{x}_t\|^2}_{\triangleq U_t(\mathbf{x}) \text{ surrogate objective}}$$

$\Rightarrow$ to minimize $f(\mathbf{x})$, it suffices to minimize the *surrogate* sequence $\{U_t(\mathbf{x})\}_{t=1}^T$.

Claim. GD for smooth functions can be equivalently represented by

$$\mathbf{x}_{t+1} = \arg \min_{\mathbf{x} \in \mathcal{X}} U_t(\mathbf{x}) = \Pi_{\mathcal{X}} \left[\mathbf{x}_t - \frac{1}{L} \nabla f(\mathbf{x}_t) \right],$$

where $U_t(\mathbf{x}) \triangleq f(\mathbf{x}_t) + \langle \nabla f(\mathbf{x}_t), \mathbf{x} - \mathbf{x}_t \rangle + \frac{L}{2} \|\mathbf{x} - \mathbf{x}_t\|^2$ is a quadratic upper bound of f at $\mathbf{x}_t$.

Recall Non-composite Optimization

Claim. GD for smooth functions can be equivalently represented by

$$\mathbf{x}_{t+1} = \arg \min_{\mathbf{x} \in \mathcal{X}} U_t(\mathbf{x}) = \Pi_{\mathcal{X}} \left[\mathbf{x}_t - \frac{1}{L} \nabla f(\mathbf{x}_t) \right],$$

where $U_t(\mathbf{x}) \triangleq f(\mathbf{x}_t) + \langle \nabla f(\mathbf{x}_t), \mathbf{x} - \mathbf{x}_t \rangle + \frac{L}{2} \|\mathbf{x} - \mathbf{x}_t\|^2$ is a quadratic upper bound of f at $\mathbf{x}_t$.

Proof:

$$\begin{aligned} \mathbf{x}_{t+1} &= \arg \min_{\mathbf{x} \in \mathcal{X}} U_t(\mathbf{x}) = \arg \min_{\mathbf{x} \in \mathcal{X}} \left\{ \langle \nabla f(\mathbf{x}_t), \mathbf{x} \rangle + \frac{L}{2} \|\mathbf{x}\|^2 - L \langle \mathbf{x}, \mathbf{x}_t \rangle \right\} \quad (\text{remove irrelative terms}) \\ &= \arg \min_{\mathbf{x} \in \mathcal{X}} \left\{ \frac{L}{2} \left(-2 \left\langle \mathbf{x}_t - \frac{1}{L} \nabla f(\mathbf{x}_t), \mathbf{x} \right\rangle + \|\mathbf{x}\|^2 \right) \right\} \quad (\text{rearrange}) \\ &= \arg \min_{\mathbf{x} \in \mathcal{X}} \frac{L}{2} \left\| \mathbf{x} - \left(\mathbf{x}_t - \frac{1}{L} \nabla f(\mathbf{x}_t) \right) \right\|^2 = \arg \min_{\mathbf{x} \in \mathcal{X}} \left\| \mathbf{x} - \left(\mathbf{x}_t - \frac{1}{L} \nabla f(\mathbf{x}_t) \right) \right\| = \Pi_{\mathcal{X}} \left[\mathbf{x}_t - \frac{1}{L} \nabla f(\mathbf{x}_t) \right] \end{aligned}$$

□

Composite Optimization

- Problem setup

$$\min_{\mathbf{x} \in \mathbb{R}^d} F(\mathbf{x}) \triangleq f(\mathbf{x}) + h(\mathbf{x})$$

where f is *smooth* (namely, gradient Lipschitz) while h is *not smooth*.

A natural idea for surrogate objective:

Following previous argument (for non-composite optimization), to minimize $F \triangleq f + h$, it's natural to optimize surrogate sequence $\{U_t(\mathbf{x})\}_{t=1}^T$ defined as

$$U_t(\mathbf{x}) \triangleq f(\mathbf{x}_t) + \langle \nabla f(\mathbf{x}_t), \mathbf{x} - \mathbf{x}_t \rangle + \frac{L}{2} \|\mathbf{x} - \mathbf{x}_t\|^2 + h(\mathbf{x})$$

Composite Optimization

By smoothness: $f(\mathbf{x}) \leq \underbrace{f(\mathbf{x}_t) + \langle \nabla f(\mathbf{x}_t), \mathbf{x} - \mathbf{x}_t \rangle + \frac{L}{2} \|\mathbf{x} - \mathbf{x}_t\|^2}_{\triangleq u_t(\mathbf{x})}$

surrogate objective

$\Rightarrow$ to minimize $F(\mathbf{x}) = f(\mathbf{x}) + h(\mathbf{x})$, it suffices to minimize $U_t(\mathbf{x}) \triangleq u_t(\mathbf{x}) + h(\mathbf{x})$.

$$\begin{aligned} \arg \min_{\mathbf{x}} U_t(\mathbf{x}) &= \arg \min_{\mathbf{x}} \left\{ f(\mathbf{x}_t) + \langle \nabla f(\mathbf{x}_t), \mathbf{x} - \mathbf{x}_t \rangle + \frac{L}{2} \|\mathbf{x} - \mathbf{x}_t\|^2 + h(\mathbf{x}) \right\} \\ &= \arg \min_{\mathbf{x}} \left\{ \langle \nabla f(\mathbf{x}_t), \mathbf{x} \rangle + \frac{L}{2} \|\mathbf{x}\|^2 - L \langle \mathbf{x}, \mathbf{x}_t \rangle + h(\mathbf{x}) \right\} \\ &= \arg \min_{\mathbf{x}} \left\{ \frac{L}{2} \left(-2 \left\langle \mathbf{x}_t - \frac{\nabla f(\mathbf{x}_t)}{L}, \mathbf{x} \right\rangle + \|\mathbf{x}\|^2 \right) + h(\mathbf{x}) \right\} \end{aligned}$$

Composite Optimization

By smoothness: $f(\mathbf{x}) \leq \underbrace{f(\mathbf{x}_t) + \langle \nabla f(\mathbf{x}_t), \mathbf{x} - \mathbf{x}_t \rangle + \frac{L}{2} \|\mathbf{x} - \mathbf{x}_t\|^2}_{\triangleq u_t(\mathbf{x})}$

surrogate objective

$\Rightarrow$ to minimize $F(\mathbf{x}) = f(\mathbf{x}) + h(\mathbf{x})$, it suffices to minimize $U_t(\mathbf{x}) \triangleq u_t(\mathbf{x}) + h(\mathbf{x})$.

$$\begin{aligned} \arg \min_{\mathbf{x}} U_t(\mathbf{x}) &= \arg \min_{\mathbf{x}} \left\{ \frac{L}{2} \left(-2 \left\langle \mathbf{x}_t - \frac{\nabla f(\mathbf{x}_t)}{L}, \mathbf{x} \right\rangle + \|\mathbf{x}\|^2 \right) + h(\mathbf{x}) \right\} \\ &= \arg \min_{\mathbf{x}} \left\{ \frac{L}{2} \left\| \mathbf{x} - \left(\mathbf{x}_t - \frac{\nabla f(\mathbf{x}_t)}{L} \right) \right\|^2 + h(\mathbf{x}) \right\} \end{aligned}$$

this will be abstracted as an operator, a subproblem to optimize

Composite Optimization

- Iteratively solve the surrogate optimization problem.

Deploying the following update rule:

$$\mathbf{x}_{t+1} = \arg \min_{\mathbf{x} \in \mathbb{R}^d} U_t(\mathbf{x}) = \arg \min_{\mathbf{x} \in \mathbb{R}^d} \left\{ \frac{L}{2} \left\| \mathbf{x} - \left(\mathbf{x}_t - \frac{1}{L} \nabla f(\mathbf{x}_t) \right) \right\|^2 + h(\mathbf{x}) \right\}$$

Definition 2 (proximal mapping). Given a function $h : \mathbb{R}^d \mapsto \mathbb{R}$, the *proximal mapping* (or called *proximal operator*) of h over $\mathbf{x}$ is the operator given by

$$\mathbf{prox}_h(\mathbf{x}) \triangleq \arg \min_{\mathbf{u} \in \mathbb{R}^d} \left\{ h(\mathbf{u}) + \frac{1}{2} \|\mathbf{u} - \mathbf{x}\|^2 \right\}.$$

Proximal Gradient

Definition 2 (proximal mapping). Given a function $h : \mathbb{R}^d \mapsto \mathbb{R}$, the *proximal mapping* (or called *proximal operator*) of h on $\mathbf{x}$ is the operator given by

$$\mathbf{prox}_h(\mathbf{x}) \triangleq \arg \min_{\mathbf{u} \in \mathbb{R}^d} \left\{ h(\mathbf{u}) + \frac{1}{2} \|\mathbf{x} - \mathbf{u}\|^2 \right\}.$$

Proximal Gradient Method

$$\mathbf{x}_{t+1} = \arg \min_{\mathbf{x} \in \mathbb{R}^d} \left\{ \frac{L}{2} \left\| \mathbf{x} - \left(\mathbf{x}_t - \frac{1}{L} \nabla f(\mathbf{x}_t) \right) \right\|^2 + h(\mathbf{x}) \right\} \triangleq \mathbf{prox}_{\frac{1}{L}h} \left(\mathbf{x}_t - \frac{1}{L} \nabla f(\mathbf{x}_t) \right)$$

An equivalent notation: $\mathbf{x}_{t+1} = \mathcal{P}_L^h(\mathbf{x}_t) \triangleq \mathbf{prox}_{\frac{1}{L}h} \left(\mathbf{x}_t - \frac{1}{L} \nabla f(\mathbf{x}_t) \right).$

Proximal Gradient

Proximal Gradient Method

$$\begin{aligned}\mathbf{x}_{t+1} &= \mathcal{P}_L^h(\mathbf{x}_t) \triangleq \mathbf{prox}_{\frac{1}{L}h} \left(\mathbf{x}_t - \frac{1}{L} \nabla f(\mathbf{x}_t) \right) \\ &= \arg \min_{\mathbf{x} \in \mathbb{R}^d} \left\{ \frac{L}{2} \left\| \mathbf{x} - \left(\mathbf{x}_t - \frac{1}{L} \nabla f(\mathbf{x}_t) \right) \right\|^2 + h(\mathbf{x}) \right\}.\end{aligned}$$

- **Condition to work:** $\mathcal{P}_L^h(\mathbf{x})$ should be easy to compute. For example, in LASSO $h(\mathbf{x}) = \|\mathbf{x}\|_1$, its $\mathcal{P}_L^h$ has a closed form solution.
- Algorithmically, PG induces famous algorithms for solving LASSO problem, which are called **ISTA** (GD-type) and **FISTA** (Nesterov's AGD-type).

Convergence of Proximal Gradient

Smooth Optimization

problem: $\min_{\mathbf{x} \in \mathbb{R}^d} f(\mathbf{x})$

assumption: f is L -smooth

$$\text{GD: } \mathbf{x}_{t+1} = \mathbf{x}_t - \frac{1}{L} \nabla f(\mathbf{x}_t)$$

$$\text{Convergence: } f(\mathbf{x}_T) - f(\mathbf{x}^*) \leq \mathcal{O}\left(\frac{1}{T}\right)$$

*Smooth **Composite** Optimization*

problem: $\min_{\mathbf{x} \in \mathbb{R}^d} F(\mathbf{x}) \triangleq f(\mathbf{x}) + h(\mathbf{x})$

assumption: f is L -smooth, h not

$$\text{PG: } \mathbf{x}_{t+1} = \text{prox}_{\frac{1}{L}h} \left(\mathbf{x}_t - \frac{1}{L} \nabla f(\mathbf{x}_t) \right)$$

$$\text{Convergence: } F(\mathbf{x}_T) - F(\mathbf{x}^*) \leq ?$$

Convergence of Proximal Gradient

Theorem 5. Suppose that f and h are convex and f is L -smooth. Setting the parameters properly, Proximal Gradient (PG) enjoys

$$F(\mathbf{x}_T) - F(\mathbf{x}^*) \leq \frac{L \|\mathbf{x}_0 - \mathbf{x}^*\|^2}{2(T-1)} = \mathcal{O}\left(\frac{1}{T}\right)$$

Proximal gradient can also achieve an $\mathcal{O}(1/T)$ convergence rate, which is the *same* as the non-composite optimization counterpart.

The result can be further boosted to $\mathcal{O}(\exp(-T/\kappa))$ when the function f is *σ -strongly convex* (where $\kappa = L/\sigma$ is the condition number).

Convergence of Proximal Gradient

- Generalized one-step improvement lemma on $F \triangleq f + h$

Lemma 7. Suppose that f and h are convex and f is L -smooth. Let $\mathbf{x}_{t+1} = \mathcal{P}_L^h(\mathbf{x}_t)$ and $g(\mathbf{x}) \triangleq L(\mathbf{x} - \mathbf{x}_{t+1})$. Then for any $\mathbf{u} \in \mathcal{X}$,

$$F(\mathbf{x}_{t+1}) - F(\mathbf{u}) \leq \langle g(\mathbf{x}_t), \mathbf{x}_t - \mathbf{u} \rangle - \frac{1}{2L} \|g(\mathbf{x}_t)\|^2.$$

Suppose the above lemma holds for a moment, we now prove the $\mathcal{O}(1/T)$ convergence rate of **PG**.

Proof of PG Convergence

Proof:

Setting $\mathbf{u} = \mathbf{x}^*$ in Lemma 7:

Lemma 7. Suppose that f and h are convex and f is L -smooth. Let $\mathbf{x}_{t+1} = \mathcal{P}_L^h(\mathbf{x}_t)$ and $g(\mathbf{x}) \triangleq L(\mathbf{x} - \mathbf{x}_{t+1})$. Then for any $\mathbf{u} \in \mathcal{X}$,

$$F(\mathbf{x}_{t+1}) - F(\mathbf{u}) \leq \langle g(\mathbf{x}_t), \mathbf{x}_t - \mathbf{u} \rangle - \frac{1}{2L} \|g(\mathbf{x}_t)\|^2.$$

$$F(\mathbf{x}_{t+1}) - F(\mathbf{x}^*) \leq \langle g(\mathbf{x}_t), \mathbf{x}_t - \mathbf{x}^* \rangle - \frac{1}{2L} \|g(\mathbf{x}_t)\|^2$$

$$\begin{aligned} \Rightarrow F(\mathbf{x}_{t+1}) - F(\mathbf{x}^*) &\leq L \langle \mathbf{x}_t - \mathbf{x}_{t+1}, \mathbf{x}_t - \mathbf{x}^* \rangle - \frac{L}{2} \|\mathbf{x}_t - \mathbf{x}_{t+1}\|^2 \quad (g(\mathbf{x}_t) \triangleq L(\mathbf{x}_t - \mathbf{x}_{t+1})) \\ &= \frac{L}{2} (2 \langle \mathbf{x}_t - \mathbf{x}_{t+1}, \mathbf{x}_t - \mathbf{x}^* \rangle - \|\mathbf{x}_t - \mathbf{x}_{t+1}\|^2) \\ &= \frac{L}{2} (\|\mathbf{x}_t - \mathbf{x}^*\|^2 - \|\mathbf{x}_{t+1} - \mathbf{x}^*\|^2) \quad (2 \langle \mathbf{a}, \mathbf{b} \rangle - \|\mathbf{a}\|^2 = \|\mathbf{b}\|^2 - \|\mathbf{b} - \mathbf{a}\|^2) \end{aligned}$$

$$\Rightarrow \sum_{t=1}^{T-1} F(\mathbf{x}_t) - (T-1)F(\mathbf{x}^*) \leq \frac{L}{2} \|\mathbf{x}_0 - \mathbf{x}^*\|^2$$

Proof of PG Convergence

Proof:

$$\Rightarrow \frac{1}{T-1} \sum_{t=1}^{T-1} F(\mathbf{x}_t) - F(\mathbf{x}^*) \leq \frac{L\|\mathbf{x}_0 - \mathbf{x}^*\|^2}{2(T-1)}$$

which already gives an $\mathcal{O}(1/T)$ convergence rate of $\bar{\mathbf{x}}_T = \frac{1}{T} \sum_{t=1}^T \mathbf{x}_t$.

What we want: $F(\mathbf{x}_T) - F(\mathbf{x}^*)$

Next step: analyzing $F(\mathbf{x}_T) - \frac{1}{T-1} \sum_{t=1}^{T-1} F(\mathbf{x}_t)$.

Setting $\mathbf{u} = \mathbf{x}_t$ in Lemma 7: $F(\mathbf{x}_{t+1}) - F(\mathbf{x}_t) \leq -\frac{1}{2L} \|g(\mathbf{x}_t)\|^2 \leq 0$.

$$\Rightarrow \sum_{t=1}^T t(F(\mathbf{x}_{t+1}) - F(\mathbf{x}_t)) \leq 0$$

Proof of PG Convergence

Proof:

What we want: $F(\mathbf{x}_T) - F(\mathbf{x}^*) \Rightarrow$ *Next step:* analyzing $F(\mathbf{x}_T) - \frac{1}{T-1} \sum_{t=1}^{T-1} F(\mathbf{x}_t)$.

$$\begin{aligned} \sum_{t=1}^{T-1} t(F(\mathbf{x}_{t+1}) - F(\mathbf{x}_t)) &= \sum_{t=1}^{T-1} t(F(\mathbf{x}_{t+1}) - F(\mathbf{x}_t)) + F(\mathbf{x}_t) - F(\mathbf{x}_t) \\ &= \sum_{t=1}^{T-1} \left(tF(\mathbf{x}_{t+1}) - (t-1)F(\mathbf{x}_t) \right) - \sum_{t=1}^{T-1} F(\mathbf{x}_t) = (T-1)F(\mathbf{x}_T) - \sum_{t=1}^{T-1} F(\mathbf{x}_t) \leq 0 \end{aligned}$$

What we have:

$$\begin{aligned} - F(\mathbf{x}_T) - \frac{1}{T-1} \sum_{t=1}^{T-1} F(\mathbf{x}_t) &\leq 0 \\ - \frac{1}{T-1} \sum_{t=1}^{T-1} F(\mathbf{x}_t) - F(\mathbf{x}^*) &\leq \frac{L\|\mathbf{x}_0 - \mathbf{x}^*\|^2}{2(T-1)} \end{aligned} \quad \Rightarrow \quad F(\mathbf{x}_T) - F(\mathbf{x}^*) \leq \frac{L\|\mathbf{x}_0 - \mathbf{x}^*\|^2}{2(T-1)} \quad \square$$

Proof of One-Step Improvement Lemma

Lemma 7. Suppose that f and h are convex and f is L -smooth. Let $\mathbf{x}_{t+1} = \mathcal{P}_L^h(\mathbf{x}_t)$ and $g(\mathbf{x}_t) \triangleq L(\mathbf{x}_t - \mathbf{x}_{t+1})$. Then for any $\mathbf{u} \in \mathcal{X}$,

$$F(\mathbf{x}_{t+1}) - F(\mathbf{u}) \leq \langle g(\mathbf{x}_t), \mathbf{x}_t - \mathbf{u} \rangle - \frac{1}{2L} \|g(\mathbf{x}_t)\|^2.$$

Proof: *What we have:* $F(\mathbf{x}) \leq U_t(\mathbf{x})$ for any $\mathbf{x} \in \mathcal{X} \Rightarrow F(\mathbf{x}_{t+1}) - F(\mathbf{u}) \leq U_t(\mathbf{x}_{t+1}) - F(\mathbf{u})$
analyzing this quantity

$$\begin{cases} U_t(\mathbf{x}_{t+1}) = \cancel{f(\mathbf{x}_t)} + \langle \nabla f(\mathbf{x}_t), \mathbf{x}_{t+1} - \mathbf{x}_t \rangle + \frac{L}{2} \|\mathbf{x}_{t+1} - \mathbf{x}_t\|_2^2 + \cancel{h(\mathbf{x}_{t+1})} \\ F(\mathbf{u}) = f(\mathbf{u}) + h(\mathbf{u}) \geq \cancel{f(\mathbf{x}_t)} + \langle \nabla f(\mathbf{x}_t), \mathbf{u} - \mathbf{x}_t \rangle + \cancel{h(\mathbf{x}_{t+1})} + \langle \nabla h(\mathbf{x}_{t+1}), \mathbf{u} - \mathbf{x}_{t+1} \rangle \quad (\text{convexity}) \end{cases}$$

$$\begin{aligned} \Rightarrow U_t(\mathbf{x}_{t+1}) - F(\mathbf{u}) &\leq \langle \nabla f(\mathbf{x}_t) + \nabla h(\mathbf{x}_{t+1}), \mathbf{x}_{t+1} - \mathbf{u} \rangle + \underbrace{\frac{L}{2} \|\mathbf{x}_{t+1} - \mathbf{x}_t\|_2^2}_{= \frac{1}{2L} \|g(\mathbf{x}_t)\|^2 \quad (g(\mathbf{x}_t) \triangleq L(\mathbf{x}_t - \mathbf{x}_{t+1}))} \\ &= \langle \nabla f(\mathbf{x}_t) + \nabla h(\mathbf{x}_{t+1}), \mathbf{x}_t - \mathbf{u} \rangle - \frac{1}{2L} \|g(\mathbf{x}_t)\|^2 \end{aligned}$$

Next step: relate $\nabla f(\mathbf{x}_t) + \nabla h(\mathbf{x}_{t+1})$ to $g(\mathbf{x}_t)$.

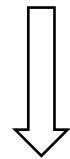
Proof of One-Step Improvement Lemma

Proof:

What we have: $F(\mathbf{x}) \leq U_t(\mathbf{x})$ for any $\mathbf{x} \in \mathcal{X} \Rightarrow F(\mathbf{x}_{t+1}) - F(\mathbf{u}) \leq U_t(\mathbf{x}_{t+1}) - F(\mathbf{u})$
analyzing this quantity

$$\Rightarrow U_t(\mathbf{x}_{t+1}) - F(\mathbf{u}) \leq \langle \nabla f(\mathbf{x}_t) + \nabla h(\mathbf{x}_{t+1}), \mathbf{x}_{t+1} - \mathbf{u} \rangle + \frac{1}{2L} \|g(\mathbf{x}_t)\|^2$$

$$\mathbf{x}_{t+1} = \arg \min_{\mathbf{x}} \left\{ \underbrace{h(\mathbf{x}) + \frac{L}{2} \left\| \mathbf{x} - \left(\mathbf{x}_t - \frac{1}{L} \nabla f(\mathbf{x}_t) \right) \right\|^2}_{\triangleq H(\mathbf{x})} \right\}$$



*by Fermat's
optimality condition*

Theorem 5 (Fermat's Optimality Condition). Let $f : \mathbb{R}^d \rightarrow (-\infty, \infty]$ be a proper convex function. Then

$$\mathbf{x}^* \in \operatorname{argmin}\{f(\mathbf{x}) \mid \mathbf{x} \in \mathbb{R}^d\}$$

if and only if

$$\mathbf{0} \in \partial f(\mathbf{x}^*).$$

$$\mathbf{0} = \nabla H(\mathbf{x}_{t+1}) = \nabla h(\mathbf{x}_{t+1}) + L(\mathbf{x}_{t+1} - \mathbf{x}_t) + \nabla f(\mathbf{x}_t)$$

from Lecture 2

Proof of One-Step Improvement Lemma

Proof:

What we have: $F(\mathbf{x}) \leq U_t(\mathbf{x})$ for any $\mathbf{x} \in \mathcal{X} \Rightarrow F(\mathbf{x}_{t+1}) - F(\mathbf{u}) \leq U_t(\mathbf{x}_{t+1}) - F(\mathbf{u})$
analyzing this quantity

$$\left\{ \begin{array}{l} U_t(\mathbf{x}_{t+1}) - F(\mathbf{u}) \leq \langle \nabla f(\mathbf{x}_t) + \nabla h(\mathbf{x}_{t+1}), \mathbf{x}_{t+1} - \mathbf{u} \rangle + \frac{1}{2L} \|g(\mathbf{x}_t)\|^2 \\ \text{and the fact that } \nabla f(\mathbf{x}_t) + \nabla h(\mathbf{x}_{t+1}) = -L(\mathbf{x}_{t+1} - \mathbf{x}_t) = g(\mathbf{x}_t) \end{array} \right.$$

$$\begin{aligned} \Rightarrow U_t(\mathbf{x}_{t+1}) - F(\mathbf{u}) &\leq \langle g(\mathbf{x}_t), \mathbf{x}_{t+1} - \mathbf{u} \rangle + \frac{1}{2L} \|g(\mathbf{x}_t)\|^2 \\ &= \langle g(\mathbf{x}_t), \mathbf{x}_t - \mathbf{u} \rangle - \frac{1}{2L} \|g(\mathbf{x}_t)\|^2 \end{aligned}$$

□

One-Step Improvement Lemma

- A *fundamental* result for GD/AGD of smoothed optimization.

<i>unconstrained, GD</i>	$f(\mathbf{x}_{t+1}) - f(\mathbf{x}_t) \leq -\frac{1}{2L} \ \nabla f(\mathbf{x}_t)\ ^2$	<i>specialized</i>  <i>general</i>
<i>unconstrained, AGD</i>	$f(\mathbf{x}_{t+1}) - f(\mathbf{u}) \leq \langle \nabla f(\mathbf{x}_t), \mathbf{x}_t - \mathbf{u} \rangle - \frac{1}{2L} \ \nabla f(\mathbf{x}_t)\ ^2$	
<i>constrained, GD</i>	$f(\mathbf{x}_{t+1}) - f(\mathbf{u}) \leq \langle g(\mathbf{x}_t), \mathbf{x}_t - \mathbf{u} \rangle - \frac{1}{2L} \ g(\mathbf{x}_t)\ ^2$	
<i>composite, GD/AGD</i>	$F(\mathbf{x}_{t+1}) - F(\mathbf{u}) \leq \langle g(\mathbf{x}_t), \mathbf{x}_t - \mathbf{u} \rangle - \frac{1}{2L} \ g(\mathbf{x}_t)\ ^2$	

Corollary: the proof of **PG** can also be used to prove the $\mathcal{O}(1/T)$ convergence rate of GD.

Accelerated Proximal Gradient Method

- A natural idea: Can we achieve AGD in composite optimization?

⇒ This induces the Accelerated Proximal Gradient (**APG**) method.

Nesterov's Accelerated GD

$$\mathbf{x}_{t+1} = \mathbf{y}_t - \frac{1}{L} \nabla f(\mathbf{y}_t), \quad \mathbf{y}_{t+1} = \mathbf{x}_{t+1} + \beta_t(\mathbf{x}_{t+1} - \mathbf{x}_t)$$

Accelerated Proximal Gradient

$$\mathbf{x}_{t+1} = \text{prox}_{\frac{1}{L}h} \left(\mathbf{y}_t - \frac{1}{L} \nabla f(\mathbf{y}_t) \right), \quad \mathbf{y}_{t+1} = \mathbf{x}_{t+1} + \beta_t(\mathbf{x}_{t+1} - \mathbf{x}_t)$$

The convergence rates can be similarly obtained. *Proofs are omitted.*

Accelerated Proximal Gradient Method

Theorem 6. Suppose that f and h are convex and f is L -smooth. Setting the parameters properly, APG enjoys

$$F(\mathbf{x}_T) - F(\mathbf{x}^*) \leq \frac{2L}{(T+1)^2} \|\mathbf{x}_0 - \mathbf{x}^*\|^2.$$

Suppose that h is convex and f is σ -strongly convex and L -smooth. Setting the parameters properly, APG enjoys

$$F(\mathbf{x}_T) - F(\mathbf{x}^*) \leq \exp\left(-\frac{T}{\sqrt{\kappa}}\right) \left(F(\mathbf{x}_0) - F(\mathbf{x}^*) + \frac{\sigma}{2} \|\mathbf{x}_0 - \mathbf{x}^*\|^2\right),$$

where $\kappa \triangleq L/\sigma$ denotes the condition number.

The convergence rates can be obtained same as those in non-composite optimization.

Application to LASSO

- **LASSO:** ℓ_1 -regularized least squares

$$F(\mathbf{w}) = \frac{1}{2} \|\mathbf{w}^\top X - \mathbf{y}\|^2 + \lambda \|\mathbf{w}\|_1$$

commonly encountered in
signal/image processing.

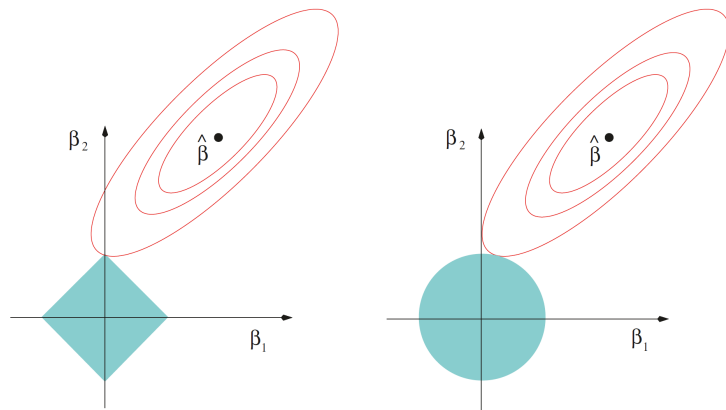
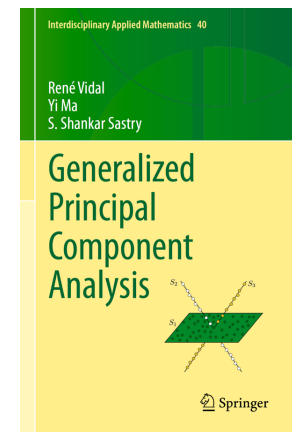
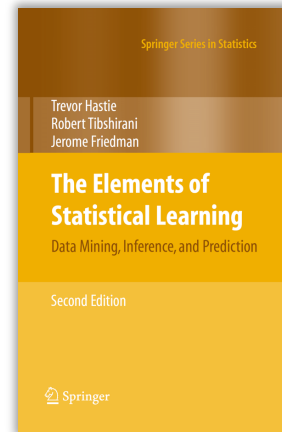
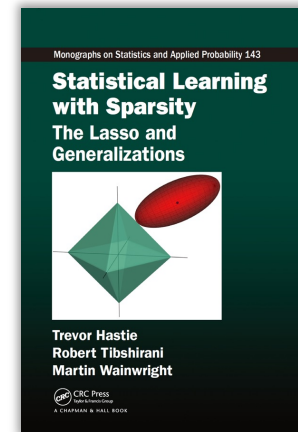


FIGURE 3.11. Estimation picture for the lasso (left) and ridge regression (right). Shown are contours of the error and constraint functions. The solid blue areas are the constraint regions $|\beta_1| + |\beta_2| \leq t$ and $\beta_1^2 + \beta_2^2 \leq t^2$, respectively, while the red ellipses are the contours of the least squares error function.



Regression shrinkage and selection via the lasso

R Tibshirani

Journal of the Royal Statistical Society. Series B (Methodological), 267-288

67964

1996

Application to LASSO

- **LASSO:** ℓ_1 -regularized least squares

$$F(\mathbf{w}) = \frac{1}{2} \|\mathbf{w}^\top X - \mathbf{y}\|^2 + \lambda \|\mathbf{w}\|_1$$

commonly encountered in *signal/image processing*.

⇒ **composite optimization:** first part is *smooth*, the other one is *non-smooth*

- **ISTA** (Iterative Shrinkage-Thresholding Algorithm): **PG** for LASSO
- **FISTA** (Fast ISTA): **APG** for LASSO

Closed-form solution:

$$(x_+ \triangleq \max\{x, 0\})$$

$$[\mathcal{P}_L^h(\mathbf{w}_t)]_i = \text{sign} \left(\left[\mathbf{w}_t - \frac{1}{L} \nabla f(\mathbf{w}_t) \right]_i \right) \left(\left| \left[\mathbf{w}_t - \frac{1}{L} \nabla f(\mathbf{w}_t) \right]_i \right| - \frac{\lambda}{L} \right)_+$$

Closed-form Solution for LASSO

Optimization problem:

$$\mathcal{P}_L^h(\mathbf{w}_t) = \arg \min_{\mathbf{w} \in \mathbb{R}^d} \left\{ \frac{L}{2} \left\| \mathbf{w} - \mathbf{v}_t \right\|_2^2 + \lambda \|\mathbf{w}\|_1 \right\},$$

where $\mathbf{v}_t = \mathbf{w}_t - \frac{1}{L} \nabla f(\mathbf{w}_t)$, for $t \in [T]$.

The optimization can be performed for each coordinate separately:

$$\mathcal{P}_L^h(\mathbf{w}_t)_i = \arg \min_{w_i \in \mathbb{R}} \left\{ \frac{L}{2} \left\| w_i - v_{t,i} \right\|_2^2 + \lambda |w_i| \right\}, \quad i \in [d].$$

First-order optimality gives $0 \in L(w_i - v_i) + \lambda \partial |w_i|$, where

$$\partial |w_i| = \begin{cases} \{ \text{sign}(w_i) \}, & w_i \neq 0, \\ [-1, 1], & w_i = 0. \end{cases}$$

Closed-form Solution for LASSO

Consider the three cases.

(i) $w_i > 0$. Then $0 = L(w_i - v_{t,i}) + \lambda$, so $w_i = v_{t,i} - \frac{\lambda}{L}$, which is feasible iff $v_{t,i} > \frac{\lambda}{L}$.

(ii) $w_i < 0$. Then $0 = L(w_i - v_{t,i}) - \lambda$, so $w_i = v_{t,i} + \frac{\lambda}{L}$, feasible iff $v_{t,i} < -\frac{\lambda}{L}$.

(iii) $w_i = 0$. Then $0 \in -Lv_{t,i} + \lambda[-1, 1]$, i.e., $|v_{t,i}| \leq \frac{\lambda}{L}$.

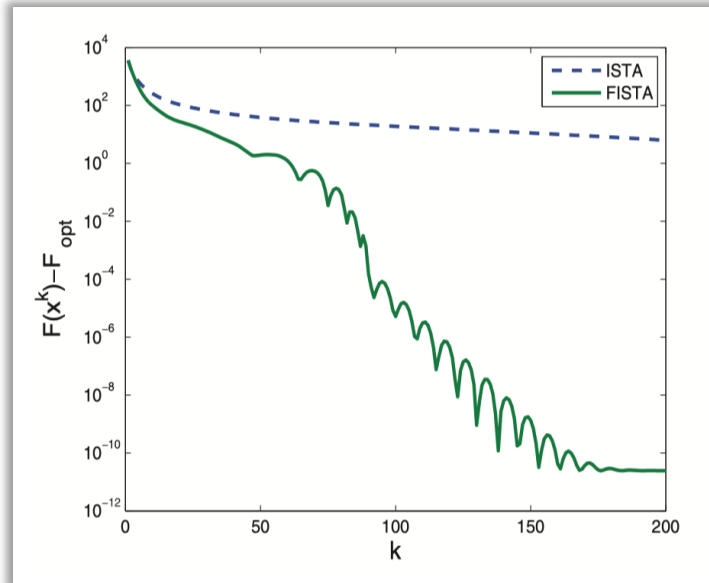
Combining the three cases yields the closed form solution:

$$[\mathcal{P}_L^h(\mathbf{w}_t)]_i = \text{sign}(v_{t,i}) \left(|v_{t,i}| - \frac{\lambda}{L} \right)_+, \quad i \in [d]$$

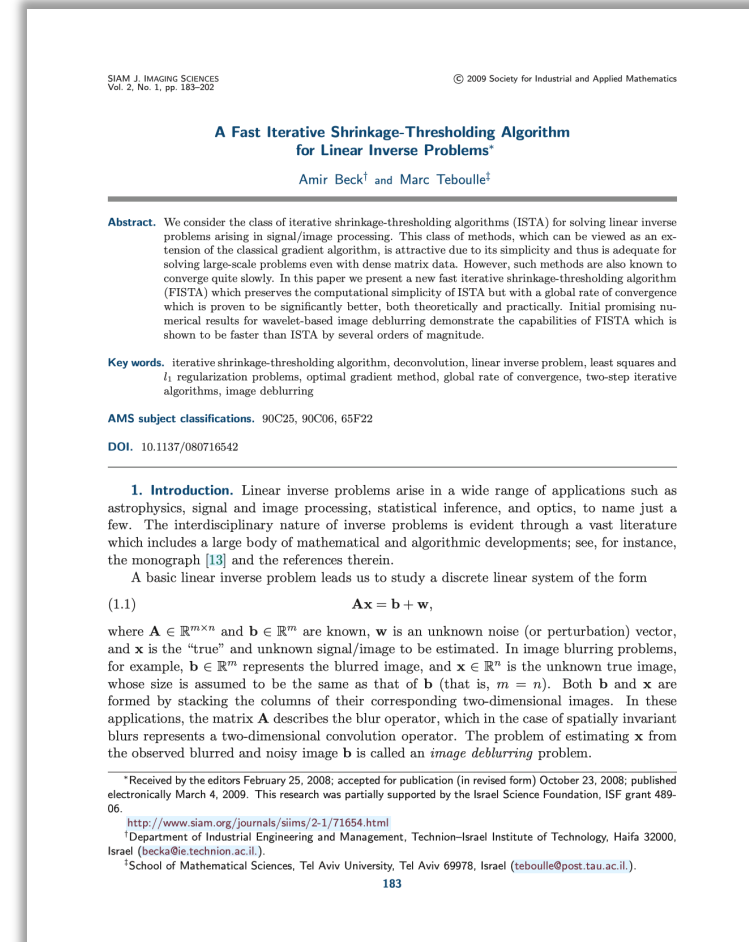
where $\mathbf{v}_t = \mathbf{w}_t - \frac{1}{L} \nabla f(\mathbf{w}_t)$, for $t \in [T]$. $(x_+ \triangleq \max\{x, 0\})$

Application to LASSO

- Comparison of ISTA and FISTA



Comparison of ISTA and FISTA.



A fast iterative shrinkage-thresholding algorithm for linear inverse problems

15211

2009

A Beck, M Teboulle

SIAM journal on imaging sciences 2 (1), 183-202

Summary

Table 1: A summary of convergence rates of GD method for smooth optimization.

Algorithm	Function Family	Step Size	Output Sequence	Convergence Rate	Remark
GD	L -smooth and convex	$\eta = \frac{1}{L}$	$\bar{\mathbf{x}}_T \triangleq \mathbf{x}_T$	$\mathcal{O}(1/T)$	suboptimal
	L -smooth and σ -strongly convex	$\eta = \frac{2}{\sigma+L}$	$\bar{\mathbf{x}}_T \triangleq \mathbf{x}_T$	$\mathcal{O}\left(\exp\left(-\frac{T}{\kappa}\right)\right)$	suboptimal
AGD	L -smooth and convex	$\mathbf{x}_{t+1} = \mathbf{y}_t - \frac{1}{L}\nabla f(\mathbf{y}_t), \mathbf{y}_{t+1} = \mathbf{x}_{t+1} + \beta_t(\mathbf{x}_{t+1} - \mathbf{x}_t)$	$\bar{\mathbf{x}}_T \triangleq \mathbf{x}_T$	$\mathcal{O}(1/T^2)$	optimal
	L -smooth and σ -strongly convex	$\mathbf{x}_{t+1} = \mathbf{y}_t - \frac{1}{L}\nabla f(\mathbf{y}_t), \mathbf{y}_{t+1} = \mathbf{x}_{t+1} + \frac{\sqrt{\kappa}-1}{\sqrt{\kappa}+1}(\mathbf{x}_{t+1} - \mathbf{x}_t)$	$\bar{\mathbf{x}}_T \triangleq \mathbf{x}_T$	$\mathcal{O}\left(\exp\left(-\frac{T}{\sqrt{\kappa}}\right)\right)$	optimal
PG	$F(\mathbf{x}) \triangleq f(\mathbf{x}) + h(\mathbf{x})$ f and h are convex	$\mathbf{x}_{t+1} = \mathcal{P}_L^h(\mathbf{x}_t) \triangleq \text{prox}_{\frac{1}{L}h}\left(\mathbf{x}_t - \frac{1}{L}\nabla f(\mathbf{x}_t)\right)$	$\bar{\mathbf{x}}_T \triangleq \mathbf{x}_T$	$\mathcal{O}(1/T)$	suboptimal
APG	f is L -smooth but h is not smooth	$\mathbf{x}_{t+1} = \mathcal{P}_L^h(\mathbf{y}_t), \mathbf{y}_{t+1} = \mathbf{x}_{t+1} + \beta_t(\mathbf{x}_{t+1} - \mathbf{x}_t)$	$\bar{\mathbf{x}}_T \triangleq \mathbf{x}_T$	$\mathcal{O}(1/T^2)$	optimal

Summary

